


# Restaurant Guide

Historic Saluda, Tryon & Columbus, NC

LISTINGS SORTED BY TOWN  
March 2020




**First Peak Visitor Center**   
20 E. Mills St., Columbus, NC 28722  
828-894-2324

[www.firstpeaknc.com](http://www.firstpeaknc.com)  
Get directions and info for local  
restaurants,  
shops, attractions, lodging and events.




## COLUMBUS

### Beneficial Foods – Healthy Meals to Go

Mon-Fri 10am-8pm, Sat 9am-6pm  
Tue & Thu: Full Menu  
98 Adawehi Ln.  828-894-0737  
[www.adawehi.com](http://www.adawehi.com)

### Calvert's Kitchen – Family Dining

Mon-Fri 11am-8pm, Sat 11:30am-8pm  
306 E. Mills St.  828-894-0268


### Cocula Mexican Grille

Daily 11am-10pm  
338 W. Mills St.  828-894-2099  
[www.coculamexicanfood.com](http://www.coculamexicanfood.com)

### El Campesino – Mexican

Sun-Thu 11am-10pm, Fri-Sat 11am-11pm  
205 E. Mills St. 828-894-0541


### Green River Tavern

Mon-Sat 11am-12am, Sun 11am-10pm  
155 W. Mills St. Suite 101  828-802-1099

### Joy Wok II – Chinese

Tue-Thu 10:30am-9:30pm, Fri-Sat 10:30am-10pm  
Sun 11:30am-9:30pm  
155 W. Mills St. Suite 102 828-894-5566  
[www.joywokcolumbus.com](http://www.joywokcolumbus.com)


### KFC/Taco Bell

Mon-Thu 10:30am-10:30pm, Fri-Sat 11am-11pm  
604 W. Mills St.  828-894-2445


### McDonald's

Daily 6am-11pm  
300 W. Mills St. 828-894-2827


### Mel & Lo's Bar & Grill

Tue-Sat 11am-9pm, Sun 11am-3pm  
155 W. Mills St.  828-894-2891

### Mountain View Barbeque & Deli

Tue-Sat 11am-8pm  
829 W. Mills St.  828-894-7060  
[www.mtnviewbbq.com](http://www.mtnviewbbq.com)

### Openroad Coffee/Café with drive-thru

Mon-Sat 6:30am-7pm  828-894-2021  
915 W. Mills St.  
[www.openroadcoffeeroastery.com](http://www.openroadcoffeeroastery.com)


*All hours are seasonal and information is subject to  
change - call restaurant to confirm*

## COLUMBUS-cont.


### Polito's – Mexican (inside V-Go Market)

Mon-Thu 7am-2pm, Fri 7am-8pm  
401 W. Mills St. 828-894-7045

### Rural Seed – Casual Dining

Wed-Fri 9am-9pm, Sat 7:30am-9pm, Sun 10am-2pm  
322 E. Mills St.  828-802-1097  
[www.theruralseed.com](http://www.theruralseed.com)


### Southern Manners – Family Dining

Mon-Thu 6:30am-2pm, Sat 6:30am-12pm  
192 E. Mills St.  828-894-0406  
[www.southernmanners.online](http://www.southernmanners.online)

### Subway

Thu-Sat 7am-10pm, Sun-Wed 7am-9pm  
235 W. Mills St. 828-894-3333

### The Brick Pizzeria Café

Thu-Sat 2-9pm, Sun 1-9pm  
311 E. Mills St.  828-894-2299

### Waffle House

Daily (Open 24 Hours)  
357 W. Mills St. 828-894-2311

### Wendy's

Mon-Sat 10:30am-11pm, Sun 11am-11pm  
255 W. Mills St. 828-894-5269

### Wolverine Pizza – Take Out/Delivery

Mon-Fri 11am-8pm, Sat 3-8pm  
1550 Hwy 108/Next to BP 828-894-5252


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## GREEN CREEK

### Deb's Mini Mart – Fast Food

Mon-Wed 6am-8pm, Thu-Sat 6am-8pm,  
Sun 7am-8pm  
6393 Hwy 9 S. 828-863-1288

### Martha's Amish Bakery

Wed-Fri 7am-4pm, Sat 8am-1pm  
6431 Hwy 9 S.  828-863-4643

*Our small towns are what  
make us great!*


**Columbus** - Best known for history,  
heritage and as the Polk County seat


**Mill Spring** - An agricultural community that  
is home to the Tryon International  
Equestrian Center

**Saluda** - Best known for the railroad and its  
thriving small Downtown

**Tryon** - Best known for hospitality, the arts  
and equestrian history

*Enjoy our many  
locally owned restaurants.*


 Find on Facebook

 Leashed pets  
allowed outdoors


FOR AREA INFORMATION - CALL OR VISIT:  
828-894-2324 [www.firstpeaknc.com](http://www.firstpeaknc.com)

## TRYON


### **All Good Things Bakery** (at The Tryon Bottle)

Mon-Tue 11am-7pm, Wed-Sat 11am-8pm  
Sun 12-6pm  
15 S. Trade St.  828-817-9330  
www.allgoodthingsbakery.com


### **Buck's Pizza – Take Out/Delivery**

Mon 11am-8pm, Tue-Sat 11am-9pm  
30 N. Trade St.  828-859-0400  
www.buckspizza.com


### **Café La Gaule**

Lunch Mon, Wed-Sun 8am-3pm  
Dinner Thu-Sat 5-9:30pm  
10 N. Trade St.  828-440-1480


### **Caro-Mi Dining Room – Upscale Southern**

Wed-Fri 5-8pm, Sat 4-8pm  
3231 Hwy 176 W.  828-859-5200  
www.caro-mi.com

### **El Sureno – Mexican**

Mon-Sun 11am-10pm  
1052 S. Trade St.  828-859-3075


### **Harper Eatery & Pub**

Tue-Sat 11am-9pm, Sun brunch 10am-2pm  
10 Oak St.  828-440-1540  
www.harpereateryandpub.com


### **Hot Dog King**

Mon-Sat 6:30am-1:30pm  
3950 Lynn Rd. (Hwy 108 & 176) 828-859-9080

### **Huckleberry's – Casual Dining**

Mon-Thu 11am-9pm, Fri-Sat 8am-9pm,  
Sun 11am-4pm  
62 N. Trade St.  828-436-0025  
www.huckleberrysbakery.com

### **Katie D's NY Deli**

Tue-Sat 7am-4pm, Sun 8am-2pm  
255 N. Trade St.  828-440-1441

### **Lavender Bistro**

Lunch Mon-Sat 11:30am-2:45pm,  
Dinner Mon-Wed 5-8:30pm, Thu-Sat 5-9:30pm  
Sun Brunch 11:30am-3pm  
82 N. Trade St.  828-440-1140  
www.lavenderbistrotryon.com


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## TRYON-cont.

### **McGourty's Irish Pub and Restaurant**

- Private Club with 1- and 3-day Guest Passes  
Wed-Thu 4-10pm, Fri-Sat 12-10pm, Sun 11-8pm  
74 N. Trade St.  828-859-2036  
www.mcgourtyspub.com


### **Mr. Juan's Mexican Restaurant & Bar**

Tue-Thu 11am-9:30pm, Fri-Sat 11am-10pm  
Sun 12-10pm  
526 S. Trade St.  828-859-6858


### **Nana's Kitchen**

Mon-Fri 8am-2pm, Sun 8am-2pm  
354 S. Trade St. 828-859-0305

### **Side Street Pizza & Pasta**

Mon & Thu 11am-9pm, Fri-Sat 11am-10pm,  
Sun 3-9pm  
135 S. Trade St.  828-859-5325  
www.sidestripizza.com

### **Tryon Coffeehouse Co-op**

Sun-Thu 7am-1pm, Fri-Sat 7am-6pm  
62A N. Trade St. 

## SALUDA


### **Azalea Bistro**

Lunch Tue-Sat 11am-3pm,  
Dinner Tue-Thu 5-9pm, Fri-Sat 5-10pm  
Sun Brunch 10am-3pm  
40 E. Main St.  828-769-9022  
www.azaleabistro.com

### **Country Roads Gift Shop – Ice Cream**


Thu-Mon 11am-5pm  
24 W. Main St.  828-749-3687

### **Green River Eddy's Tap Room & Grill**

Mon-Fri 4-9pm, Sat 12-9pm, Sun 12-7pm  
Live music Sat 5:30pm  
435 Main St.  828-848-4060  
www.saludaoutfitters.com

## SALUDA-cont.

### **Green River Bar-B-Que**

Mon-Thu 11am-8pm, Fri-Sat 11am-9pm  
131 Main St.  828-749-9892  
www.greenriverbbq.com


### **Mewdlie's Tea Lounge**

Mon & Thu-Sat 10am-6pm, Sun 10am-4pm  
66 E. Main St. 828-769-9100  
www.mewdlie.com

### **Newman's at the Orchard Inn – Fine Dining**

Breakfast daily 8:30-9:30am  
Thu-Sat 6-8:30pm - reservation only  
Sun Brunch 11:30am-2pm - reservation only  
7305 Hwy 176  828-749-5471  
www.orchardinn.com

### **Purple Onion – Casual Dining, Live Music**

Mon-Tue 11am-8pm, Thu-Sat 11am-9pm  
Live music Thu 7:30pm & Sat 8pm  
16 Main St.  828-749-1179  
www.purpleonionsaluda.com

### **Somewhere In Time – Ice Cream**

Mon-Sat 10am-5pm, Sun 1-5pm  
70 E. Main St. 828-749-1514


### **Subway**

Mon-Fri 6:30am-9pm, Sat-Sun 7:30am-9pm  
1484 Ozone Dr. (near I-26) 828-749-3650


### **Wakey Monkey – Coffee Café**


Fri-Wed 7am-3pm  
18 Church St.  828-769-9040  
www.wakeymonkeysaluda.com


### **Ward's Grill**

Mon-Sat Breakfast 7-11am, Lunch 11am-3pm  
24 Main St.  828-749-2321  
www.thompsons-store.com

### **Wildflour Bakery / Meanwhile, Back in Saluda**

Bakery hours: Wed-Sat 8am-3pm, Sun 10am-3pm  
Pizza-Wed & Fri 5-8pm  
173 E. Main St.  828-749-3356  
www.wildflourbakerync.com

 Find on Facebook


 Leashed pets  
allowed outdoors

## MILL SPRING


### **Deb's Mini-Mart – Fast Food**

Mon-Fri 5:30am-8pm, Sat-Sun 6am-4pm  
91 Hwy 9 N. 828-894-3939

### **The Burger Barn** (at Parker-Binns Vineyard)

Thu-Sun 12-6:30pm  
Live music Sat-Sun 2pm  
2275 Whiteside Rd.  828-894-0154  
www.parkerbinnsvineyard.com

### **Tryon International Equestrian Center**

\*Open year-round (Show season Apr-Nov)  
25 International Blvd.  828-863-1000  
www.Tryon.com/dining

\***Blue Ginger - Japanese/sushi** 828-863-1121

Thu-Sat 5-9pm, Sun 11am-9pm

\***Campagna – Italian**  828-863-1127

Thu-Sat 5-9pm, Sun 11am-9pm

### **Clear Rounds Pub**

Sat 5-9pm

\***General Store – Ice Cream, Coffee, Groceries**

Mon-Thu 7am-7pm, 828-863-1432  
Fri 7am-9pm, Sat-Sun 11am-9pm

### **Jennifer's Creamery – Ice Cream**

Sat 5-10pm, Sun 5-9pm

\***Legends Grille – Fine Dining** 828-863-1122

Mon-Thu 5pm-9pm, Fri-Sat 11am-10pm,  
Sun 11am-9pm

### **Mane Street Coffee**

Fri-Sun 5-9pm

### **Pony Express Deli**

Tue-Sun 7am-9pm

\***Roger's Diner**  828-863-1113

Mon-Wed 7am-9pm, Thu-Sun 7am-3pm

### **Siesta Cantina – Mexican**

Sat-Sun 11am-4pm