

# This week at the First Peak

July 8 - 14, 2020 (Wed-Tue)

Here is a quick look at what's happening in the area over the next week. You'll find additional info & attractions at [www.firstpeaknc.com](http://www.firstpeaknc.com)

20 E. Mills St., Columbus, NC 28722

Message us on Facebook or give us a call during the day at 828-894-2324.

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Welcome! We're glad you're here. Things are reopening & we wanted to keep you posted on how to visit our attractions. Get out, relax, enjoy and stay safe! Please be prepared to follow each site's safety precautions.

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## Upcoming Events

**“Show Your Style” at Tryon Painters and Sculptors • Tryon • July 8 - July 25**, free art exhibit. Explore the diverse 104-piece all-members art show, Wed-Sat 11am-5pm. 78 N. Trade St, Tryon, NC. 828-859-0141.

[www.tryonpaintersandsculptors.com](http://www.tryonpaintersandsculptors.com)

**U-Pick Blueberry Patch at Overmountain Vineyards • Green Creek •** No reservations required, Wed, Thu, Sun 12-6pm & Fri-Sat 12-7pm. Buckets provided, \$6 per lb. Tasting room open by reservation only for groups of 8 or smaller. 2012 Sandy Plains Rd, Tryon, NC. 828-863-0523. [www.overmountainvineyards.com](http://www.overmountainvineyards.com)

**Live Music at Mountain Brook Vineyards • Green Creek •** Free live music in outdoor tasting room: Fri, 7/10, Tony Coccagna 5-8pm; Sat, 7/11, Sully Bright 1-4pm and Sarah Tucker 4-7pm; Sun, 7/12, Tim McWilliams 3-6pm. 731 Phillips Dairy Rd, Tryon, NC. 828-817-4376. [www.mountainbrookvineyards.com](http://www.mountainbrookvineyards.com)

**Live Music at Green River Eddy's Taproom • Saluda •** Free live music on deck: Fri, 7/10, Open Mic Night 6pm; Sat, 7/11, The Dancing Fleas 5:30pm. Grab a beer & a bite. 435 Main St, Saluda, NC. 828-848-4060. [www.saludaoutfitters.com](http://www.saludaoutfitters.com)

**Live Music at Green River Brew Pub • Saluda •** Free live music: Fri, 7/10, Acoustic Measures 8pm. Large selection of local craft beers, ciders and wines. 26 Church St, Saluda, NC. 828-769-9033.

**Meet the Beekeeper at Country Roads Gift Shop • Saluda •** Sat, 7/11, 12-3pm. Meet local beekeepers. Purchase different flavors of honey, lip balm, lotion & more. 24 W. Main St, Saluda, NC. 828-749-3687.

**Live Music at Parker-Binns Vineyard and Winery • Mill Spring •** Free live music in open air tasting room: Sat, 7/11, Bruised Rhino 2:30pm. Grab a bite from The Burger Barn, 12-6:30pm. 2275 Whiteside Rd, Mill Spring, NC. 828-894-0154. [www.parkerbinnsvineyard.com](http://www.parkerbinnsvineyard.com)

**Movie in the Vines at Mountain Brook Vineyards • Green Creek •** Free outdoor movie starting at 8pm. Fri, 7/10, “Jumanji: The Next Level” & Sat, 7/11, “Rocketman”. Bring lawn chairs/blankets, purchase wine & food truck on-site. 731 Philips Dairy Rd, Tryon, NC. 828-817-4376. [www.mountainbrookvineyards.com](http://www.mountainbrookvineyards.com)

**Columbus Farmers' Market • Columbus •** Every Sat, 8am-12pm. Local farmers vend their homegrown goods with a drive-thru system. Polk County High School, 1681 NC Hwy 108. [www.polkcountyfarms.org](http://www.polkcountyfarms.org)

**Food Truck at Russian Chapel Hills Winery • Green Creek •** Sun, 7/12, 1-5pm. Cousins Maine Lobster food truck serving fresh lobster dishes. 2662 Green Creek Dr, Columbus, NC. 828-817-7260. [www.russianchapelhills.com](http://www.russianchapelhills.com)

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Events, info and hours may change • Verify details directly with venue.

Let the First Peak Visitor Center help with your plans!


[www.firstpeaknc.com](http://www.firstpeaknc.com) • 828-894-2324


## Attraction Updates

**Looking Glass Creamery • Green Creek** • Farm store open, every Fri-Sat 11am-5pm. Enjoy the views and try hand crafted cheese, fresh ice cream, mixed charcutier boards and more. 115 Harmon Dairy Lane, Columbus, NC. 828-222-0751. [www.lookingglasscheese.com](http://www.lookingglasscheese.com) 


**Historic Tryon Movie Theatre • Tryon** • Remains closed. Purchase fresh theatre popcorn, candy & gift cards for curbside pickup every Fri & Sat 6-7pm. 45 S. Trade St, Tryon, NC. 828-859-6811. [www.tryontheatre.com](http://www.tryontheatre.com) 


**Wilderness Cove Camping and Tubing • Saluda** • Contact for tubing schedule and reservations. Dixie Belle's food truck Sat & Sun 11am-5pm. Cabins and campsite rentals are open. 3772 Green River Cove Rd, Saluda, NC. 828-749-9100. [www.nctubing.com](http://www.nctubing.com) 


**Upstairs Artspace • Tryon** • Tue-Sat 1-5pm. Contactless art gallery. 49 S. Trade Street, Tryon, NC. 828-859-2828. [www.upstairsartspace.org](http://www.upstairsartspace.org) 

**Polk County History Museum • Columbus** • Every Sat 10am-4pm. Free admission with limit of 10 visitors at a time. 828-894-3351. 60 Walker St, Columbus, NC. [www.polknchistory.org](http://www.polknchistory.org) 

**Saluda Historic Depot • Saluda** • Mon, Thu-Sat 11am-5pm and Sun 1-4pm. Free museum preserving the rich history & heritage of the Saluda Grade. 32 W. Main St, Saluda, NC. 828-769-9016. [www.SaludaHistoricDepot.com](http://www.SaludaHistoricDepot.com) 

**Pearson's Falls & Glen • Saluda** • Daily, 10am-6pm. Ticket sales end at 5pm. Moderate ¼ mile walk to 90-ft waterfall. Limit 20 cars at a time. No picnicking/dogs allowed. Admission: \$5 for ages 13+, \$1 for ages 6-12, under 6 free. 2748 Pearson Falls Rd, Saluda, NC. 828-749-3031. [www.pearsonsfalls.org](http://www.pearsonsfalls.org) 

**Green River Adventures • Saluda** • Private trips available. Reservations only for whitewater adventures, guided hikes, rappelling and more. 111 E. Main St, Saluda, NC. 828-749-2800. [www.greenriveradventures.com](http://www.greenriveradventures.com) 

**The Gorge Zipline • Saluda** • Private trips available. Reservations only for all zipline canopy tours. 166 Honey Bee Dr, Saluda, NC. 828-749-2500 [www.thegorgezipline.com](http://www.thegorgezipline.com) 

**Tryon International Equestrian Center • Mill Spring** • Competitions are for competitors only. Enjoy live streaming of equestrian events, link on website. Some restaurants are open for take-out only. 25 International Blvd, Tryon, NC. 828-863-1000. [www.tryon.com/thisweek](http://www.tryon.com/thisweek) 

**First Peak Restaurant Guide** • Watch for the latest hours and info. [www.firstpeaknc.com](http://www.firstpeaknc.com)

Events and hours may change • Verify details directly with venue.

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Find more events on our web site or give us a call • [www.firstpeaknc.com](http://www.firstpeaknc.com) • 828-894-2324

Discover new heights with Green River Adventures

