

This week at the First Peak

August 12 - 18, 2020 (Wed-Tue)

Here is a quick look at what's happening in the area over the next week. You'll find additional info & attractions at www.firstpeaknc.com

20 E. Mills St., Columbus, NC 28722

Message us on Facebook or give us a call during the day at 828-894-2324.

Welcome! We're glad you're here. Things are reopening & we wanted to keep you posted on how to visit our attractions. Get out, relax, enjoy and stay safe! Please be prepared to follow each site's safety precautions.

Upcoming Events

★ **NC Foothills Virtual Farm Tour • *Throughout the First Peak*** • Free virtual tours highlighting local farmers while connecting and educating consumers on where their food comes from. Follow each week in August-October to virtually explore new farms and learn their produce journey. www.ncfoothillsfarmtour.com

Karaoke at Green River Tavern • *Columbus* • Every Tue, 7-11pm. Free karaoke with large selection of draft beers, ciders and wine. Grab a bite to eat. 155 W. Mills St, Columbus, NC. 828-802-1099

Wine Tastings and U-Pick Blueberry Patch at Overmountain Vineyards • *Green Creek* •

- End of Season blueberry picking. No reservations required: Wed-Thu 12-6pm. Buckets provided, \$6 per lb.
- Tastings by reservation only for groups of 8 or smaller. 2012 Sandy Plains Rd, Tryon, NC. 828-863-0523.

www.overmountainvineyards.com

Grand Opening of Iron Key Brewing Company • *Columbus* • Fri, 8/14, 11am. Indoor and outdoor seating options. That's all we know – stay tuned for details on our online events calendar. 135 Locust St, Columbus, NC.

www.ironkeybrewing.com

Live Music at Mountain Brook Vineyards • *Green Creek* • Free live music in outdoor tasting room: Fri, 8/14, Tony Coccagna 5pm; Sat, 8/15, Chris Ferree & Medicine Crow 4pm with Mountain View BBQ food truck; Sun, 8/16, Bill & Tad's Excellent Duo 3pm with Deli Volv food truck. 731 Phillips Dairy Rd, Tryon, NC. 828-817-4376.

www.mountainbrookvineyards.com

Live Music at Green River Eddy's Taproom • *Saluda* • Free live music on deck: Fri, 8/14, Open Mic Night 6pm; Sat, 8/15, Folkadelic 2, 5:30pm. Grab a beer & a bite. 435 Main St, Saluda, NC. 828-848-4060.

www.saludaoutfitters.com

Movie in the Vines at Mountain Brook Vineyards • *Green Creek* • Fri, 8/14, and Sat, 8/15, movie starts at 8pm. Call for movie title. Bring lawn chairs/blankets, purchase wine & food truck on-site. 731 Philips Dairy Rd, Tryon, NC. 828-817-4376. www.mountainbrookvineyards.com

Columbus Farmers' Market • *Columbus* • Every Sat, 8am-12pm. Local farmers vend their homegrown goods with a drive-thru system. Polk County High School, 1681 NC Hwy 108. www.polkcountyfarms.org

Appalachian Folk Medicine at Country Roads Gift Shop • *Saluda* • Sat, 8/15, 12-3pm. Free guest presentation on folk medicine and the healing properties of local plants. 24 W. Main St, Saluda, NC. 828-749-3687.

First Peak Restaurant Guide • Watch for the latest hours and info. www.firstpeaknc.com


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Events, info and hours may change • Verify details directly with venue.


Let the First Peak Visitor Center help with your plans!


www.firstpeaknc.com • 828-894-2324

Attraction Updates


Green River Adventures • Saluda • Private trips available. Reservations only for whitewater adventures, guided hikes, rappelling and more. 111 E. Main St, Saluda, NC. 828-749-2800. www.greenriveradventures.com 


The Gorge Zipline • Saluda • Private trips available. Reservations only for all zipline canopy tours. 166 Honey Bee Dr, Saluda, NC. 828-749-2500 www.thegorgezipline.com 

Looking Glass Creamery • Green Creek • Farm store open, every Fri-Sat 11am-5pm. Enjoy the views and try hand crafted cheese, fresh ice cream, mixed charcutier boards and more. 115 Harmon Dairy Lane, Columbus, NC. 828-222-0751. www.lookingglasscheese.com 

Wilderness Cove Tubing • Saluda • Contact for tubing schedule and reservations. Dixie Belle's food truck Sat & Sun 11am-5pm. Cabins and campsite rentals are open. 3772 Green River Cove Rd, Saluda, NC. 828-749-9100. www.nctubing.com 


Upstairs Artspace • Tryon • Tue-Sat 12-5pm. Contactless art gallery. 49 S. Trade Street, Tryon, NC. 828-859-2828. www.upstairsartspace.org 

Polk County History Museum • Columbus • Thu 10am-1pm and Sat 10am-4pm. Free admission with limit of 10 visitors at a time. 828-894-3351. 60 Walker St, Columbus, NC. www.polknchistory.org 

Saluda Historic Depot • Saluda • Thu-Sat 11am-4pm and Sun 1-4pm. Free museum preserving the rich history & heritage of the Saluda Grade. 32 W. Main St, Saluda, NC. 828-769-9016. www.SaludaHistoricDepot.com 

Tryon Painters & Sculptors • Tryon • Tue-Sat 11am-5pm. Contactless art gallery. 78 N. Trade St, Tryon, NC. 828-859-0141. www.tryonpaintersandsculptors.com 

Tryon International Equestrian Center • Mill Spring • Competitions are for competitors only. Enjoy live streaming of equestrian events, link on website. Some restaurants are open for take-out only. 25 International Blvd, Tryon, NC. 828-863-1000. www.tryon.com/thisweek 

Historic Tryon Movie Theatre • Tryon • Remains closed. Purchase fresh theatre popcorn, candy & gift cards for curbside pickup every Fri & Sat 6-7pm. 45 S. Trade St, Tryon, NC. 828-859-6811. www.tryontheatre.com 

Events and hours may change • Verify details directly with venue.

Find more events on our web site or give us a call • www.firstpeaknc.com • 828-894-2324
Spacious gallery at Upstairs Artspace in downtown Tryon, NC.

