



This week at the First Peak

September 2 - 8, 2020 (Wed-Tue)

Here is a quick look at what's happening in the area over the next week. You'll find additional info & attractions at www.firstpeaknc.com

20 E. Mills St., Columbus, NC 28722

Message us on Facebook or give us a call during the day at 828-894-2324.

Welcome! We're glad you're here. Things are reopening & we wanted to keep you posted on how to visit our attractions. Get out, relax, enjoy and stay safe! Please be prepared to follow each site's safety precautions. Enjoy the long Labor Day weekend!

Upcoming Events

★ **NC Foothills Virtual Farm Tour** • *Throughout the First Peak* • Free virtual tours highlighting local farmers while connecting and educating consumers on where their food comes from. Follow each week in August-October to virtually explore new farms and learn their produce journey. www.facebook.com/ncfoothillsfarmtour

Karaoke at Green River Tavern • *Columbus* • Every Tue, 7-11pm. Free karaoke with large selection of draft beers, ciders and wine. Grab a bite to eat. 155 W. Mills St, Columbus, NC. 828-802-1099

Live Music at Mountain Brook Vineyards • *Green Creek* • Free live music in outdoor tasting room: Fri, 9/4, Tony Coccagna 5pm; Sat, 9/5, Bill & Tad's Excellent Duo 4pm with Maggie Mae's food truck; Sun, 9/6, Twin Sons 3pm with Maggie Mae's food truck. 731 Phillips Dairy Rd, Tryon, NC. 828-817-4376. www.mountainbrookvineyards.com

Parker-Binns Vineyard & Winery • *Mill Spring* • Free live music in open air tasting room: Fri, 9/4, David Giles 6-9pm with Mountain View BBQ food truck; Sat, 9/5, Randy Z 3-6pm; Sun, 9/6, Hope Griffin 3-6pm. Burger Barn open 12-6:30pm. 2275 Whiteside Rd, Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com

Live Music at Green River Eddy's Taproom • *Saluda* • Free live music on deck: Fri, 9/4, Hummingtree Band 6pm; Sat, 9/5, OLM Band 5:30pm. Grab a beer & a bite. 435 Main St, Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Movie in the Vines at Mountain Brook Vineyards • *Green Creek* • Fri, 9/4, and Sat, 9/5, movie starts at 8pm. Call for movie title. Bring lawn chairs/blankets, purchase wine, plus a food truck is on-site. 731 Philips Dairy Rd, Tryon, NC. 828-817-4376. www.mountainbrookvineyards.com

Columbus Farmers' Market • *Columbus* • Every Sat, 8am-12pm. Local farmers vend their homegrown goods with a drive-thru system. Polk County High School, 1681 NC Hwy 108. www.polkcountyfarms.org

First Peak Restaurant Guide • Watch for the latest hours and info. www.firstpeaknc.com

Attraction Updates

Overmountain Vineyards • *Green Creek* • Tasting room open by reservation only for groups of 8 or smaller. 2012 Sandy Plains Rd, Tryon, NC. 828-863-0523. www.overmountainvineyards.com

Iron Key Brewing Company • *Columbus* • New brewery and restaurant in a restored 1930s prison with a large patio. Enjoy a variety of craft beer alongside a full menu: Wed-Thu 4-10pm, Fri-Sat 11am-11pm and Sun 12-8pm. 135 Locust St, Columbus, NC. 828-802-1045. www.ironkeybrewing.com

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Events, info and hours may change • Verify details directly with venue.


Let the First Peak Visitor Center help with your plans!


www.firstpeaknc.com • 828-894-2324

Attraction Updates-cont.


Tryon International Equestrian Center • Mill Spring • Competitions are for competitors only. Enjoy live streaming of equestrian events, link on website. Some restaurants are open for take-out only. 25 International Blvd, Tryon, NC. 828-863-1000. www.tryon.com/thisweek 

Historic Tryon Movie Theatre • Tryon • Remains closed. Purchase fresh theatre popcorn, candy & gift cards for curbside pickup every Fri & Sat 6-7pm. 45 S. Trade St, Tryon, NC. 828-859-6811. www.tryontheatre.com 


Wilderness Cove Tubing • Saluda • Contact for tubing schedule and reservations. Dixie Belle's food truck Sat & Sun 11am-5pm. Cabins and campsite rentals are open. 3772 Green River Cove Rd, Saluda, NC. 828-749-9100. www.nctubing.com 


Green River Adventures • Saluda • Private trips available. Reservations only for whitewater adventures, guided hikes, rappelling and more. 111 E. Main St, Saluda, NC. 828-749-2800. www.greenriveradventures.com 

The Gorge Zipline • Saluda • Private trips available. Reservations only for all zipline canopy tours. 166 Honey Bee Dr, Saluda, NC. 828-749-2500 www.thegorgezipline.com 

Looking Glass Creamery • Green Creek • Farm store open, every Fri-Sat 11am-5pm. Enjoy the views and try hand crafted cheese, fresh ice cream, mixed charcutier boards and more. 115 Harmon Dairy Lane, Columbus, NC. 828-222-0751. www.lookingglasscheese.com 

Upstairs Artspace • Tryon • Tue-Sat 12-5pm. Contactless art gallery. Three multimedia exhibits on display through the end of September. 49 S. Trade Street, Tryon, NC. 828-859-2828. www.upstairsartspace.org 

Polk County History Museum • Columbus • Thu 10am-1pm and Sat 10am-4pm. Free admission with limit of 10 visitors at a time. 828-894-3351. 60 Walker St, Columbus, NC. www.polknchistory.org 

Saluda Historic Depot • Saluda • Thu-Sat 11am-4pm and Sun 1-4pm. Free museum preserving the rich history & heritage of the Saluda Grade. 32 W. Main St, Saluda, NC. 828-769-9016. www.SaludaHistoricDepot.com 

Tryon Painters & Sculptors • Tryon • Tue-Sat 11am-5pm. Contactless art gallery. 78 N. Trade St, Tryon, NC. 828-859-0141. www.tryonpaintersandsculptors.com 

Events and hours may change • Verify details directly with venue.

Find more events on our web site or give us a call • www.firstpeaknc.com • 828-894-2324

Downtown Saluda

Saluda is known for its outdoor adventure with hiking, tubing, ziplines, and more. Shop local along Saluda's thriving Main Street. Check out Saluda Outfitters, Somewhere in Time and many others. Enjoy a delicious meal at The Blue Squirrel Café or Wakey Monkey.



Downtown Columbus

Columbus is the county seat with many historical sites including the Polk County Courthouse – it's still in use and one of the oldest in the state of NC. Stop by Veteran's Park to see the Charters of Freedom. Grab a bite to eat at The Rural Seed Restaurant or Calvert's Kitchen.



Downtown Tryon

Tryon is an eclectic mix of retail, art galleries and local restaurants. You will love browsing in the shops along Trade Street, including The Nest Artisan Market and the Tryon Bottle. Refuel at Side Street Pizza & Pasta or Café La Gaule so you can continue shopping!