

This week at the First Peak

September 9 - 15, 2020 (Wed-Tue)

Here is a quick look at what's happening in the area over the next week. You'll find additional info & attractions at www.firstpeaknc.com

20 E. Mills St., Columbus, NC 28722

Message us on Facebook or give us a call during the day at 828-894-2324.

Welcome! We're glad you're here. Things are reopening & we wanted to keep you posted on how to visit our attractions. Get out, relax, enjoy and stay safe! Please be prepared to follow each site's safety precautions.

Upcoming Events

★ **NC Foothills Virtual Farm Tour** • *Throughout the First Peak* • Free virtual tours highlighting local farmers while connecting and educating consumers on where their food comes from. Follow each week in August-October to virtually explore new farms and learn their produce journey. www.facebook.com/ncfoothillsfarmtour

Live Music at Green River Eddy's Taproom • *Saluda* • Free live music on deck: Fri, 9/11, Open Mic Night 6pm; Sat, 9/12, Zendetta 5:30pm. Grab a beer & a bite. 435 Main St, Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Live Music at Huckleberry's Restaurant • *Tryon* • Free live music on outdoor pavilion: Fri, 9/11, Dave Band 6:30; Sat, 9/12, Jean Holiday 6:30; Sun, 9/13, Alex Honeycutt 12pm. Enjoy food and drinks specials. 62 N. Trade St, Tryon, NC. 828-436-0025. www.huckleberrystryon.com

Movie in the Vines at Mountain Brook Vineyards • *Green Creek* • Fri, 9/11, and Sat, 9/12, movie starts at 8pm. Call for movie title. Bring lawn chairs/blankets, purchase wine, plus a food truck is on-site. 731 Philips Dairy Rd, Tryon, NC. 828-817-4376. www.mountainbrookvineyards.com

Columbus Farmers' Market • *Columbus* • Every Sat, 8am-12pm. Local farmers vend their homegrown goods with a drive-thru system. Polk County High School, 1681 NC Hwy 108. www.polkcountyfarms.org

Parker-Binns Vineyard & Winery • *Mill Spring* • Free live music in open air tasting room: Sat, 9/12, Wiregrass 3-6pm with the Burger Barn 12-6:30; Sun, 9/13, Eric Congdon 3-6pm with Cousins Maine Lobster food truck. 2275 Whiteside Rd, Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com

Live Music at Mountain Brook Vineyards • *Green Creek* • Free live music in outdoor tasting room: Sat, 9/12, Sarah Tucker 4pm with Olive food truck; Sun, 9/13, Laura Thurston 3pm with Olive food truck. 731 Phillips Dairy Rd, Tryon, NC. 828-817-4376. www.mountainbrookvineyards.com

Karaoke at Green River Tavern • *Columbus* • Every Sat, 7-11pm. Free karaoke with large selection of draft beers, ciders and wine. Grab a bite to eat. 155 W. Mills St, Columbus, NC. 828-802-1099

Live Music at Foothills Equestrian Nature Center • *Tryon* • Free live music on outdoor pavilion: Sun, 9/13, Tom Fisch 4-5pm. To allow social distancing, you must register in advance by phone. 3381 Hunting Country Rd, Tryon, NC. 828-859-9021. www.fence.org

First Peak Restaurant Guide • Watch for the latest hours and info. www.firstpeaknc.com

Attraction Updates

Pearson's Falls & Glen • *Saluda* • Daily, 10am-6pm. Ticket sales end at 5pm. Moderate ¼ mile walk to 90-ft waterfall. Limit 20 cars at a time, no picnicking for now. Dogs not allowed. Admission: \$5 for ages 13+, \$1 for ages 6-12, under 6 free. 2748 Pearson Falls Rd, Saluda, NC. 828-749-3031. www.pearsonfalls.org


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Events, info and hours may change • Verify details directly with venue.

Let the First Peak Visitor Center help with your plans!


www.firstpeaknc.com • 828-894-2324


Attraction Updates-cont.


Overmountain Vineyards • Green Creek • Tasting room open by reservation only for groups of 8 or smaller. 2012 Sandy Plains Rd, Tryon, NC. 828-863-0523. www.overmountainvineyards.com 

Iron Key Brewing Company • Columbus • New brewery and restaurant in a restored 1930s prison with a large patio. Enjoy a variety of craft beer alongside a full menu: Wed-Thu 4-10pm, Fri-Sat 11am-11pm and Sun 12-8pm. 135 Locust St, Columbus, NC. 828-802-1045. www.ironkeybrewing.com 


Tryon International Equestrian Center • Mill Spring • Competitions are for competitors only. Enjoy live streaming of equestrian events, link on website. Some restaurants are open for take-out only. 25 International Blvd, Tryon, NC. 828-863-1000. www.tryon.com/thisweek 

Historic Tryon Movie Theatre • Tryon • Remains closed. Purchase fresh theatre popcorn, candy & gift cards for curbside pickup every Fri & Sat 6-7pm. 45 S. Trade St, Tryon, NC. 828-859-6811. www.tryontheatre.com 


Wilderness Cove Tubing • Saluda • Contact for tubing schedule and reservations. Dixie Belle's food truck Sat & Sun 11am-5pm. Cabins and campsite rentals are open. 3772 Green River Cove Rd, Saluda, NC. 828-749-9100. www.nctubing.com 


Green River Adventures • Saluda • Private trips available. Reservations only for whitewater adventures, guided hikes, rappelling and more. 111 E. Main St, Saluda, NC. 828-749-2800. www.greenriveradventures.com 

The Gorge Zipline • Saluda • Private trips available. Reservations only for all zipline canopy tours. 166 Honey Bee Dr, Saluda, NC. 828-749-2500 www.thegorgezipline.com 

Looking Glass Creamery • Green Creek • Farm store open, every Fri-Sat 11am-5pm. Enjoy the views and try hand crafted cheese, fresh ice cream, mixed charcutier boards and more. 115 Harmon Dairy Lane, Columbus, NC. 828-222-0751. www.lookingglasscheese.com 

Upstairs Artspace • Tryon • Tue-Sat 12-5pm. Contactless art gallery. Three multimedia exhibits on display through the end of September. 49 S. Trade Street, Tryon, NC. 828-859-2828. www.upstairsartspace.org 

Polk County History Museum • Columbus • Thu 10am-1pm and Sat 10am-4pm. Free admission with limit of 10 visitors at a time. 828-894-3351. 60 Walker St, Columbus, NC. www.polknchistory.org 

Saluda Historic Depot • Saluda • Thu-Sat 11am-4pm and Sun 1-4pm. Free museum preserving the rich history & heritage of the Saluda Grade. 32 W. Main St, Saluda, NC. 828-769-9016. www.SaludaHistoricDepot.com 

Tryon Painters & Sculptors • Tryon • Tue-Sat 11am-5pm. Contactless art gallery. 78 N. Trade St, Tryon, NC. 828-859-0141. www.tryonpaintersandsculptors.com 

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Find more events on our web site or give us a call • www.firstpeaknc.com • 828-894-2324

Downtown Saluda

Saluda is known for its outdoor adventure with hiking, tubing, ziplines, and more. Shop local along Saluda's thriving Main Street. Check out Mewdlic's Tea Lounge, Salamander Gift Shop and many others. Enjoy a delicious meal at Wildflour Bakery or Green River Eddy's Tap Room & Grill.



Downtown Columbus

Columbus is the county seat with many historical sites including the Polk County Courthouse – it's still in use and one of the oldest in the state of NC. Stop by Veteran's Park to see the Charters of Freedom. Grab a bite to eat at Mel & Lo's Bar & Grill or The Brick Pizzeria.



Downtown Tryon

Tryon is an eclectic mix of retail, art galleries and local restaurants. You will love browsing in the shops along Trade Street, including Tryon Toymakers and A Taste of Olives & Grapes. Refuel at Tryon Coffeehouse Co-op or Katie D's NY Deli so you can continue shopping!