

# Restaurant Guide

Historic Saluda, Tryon & Columbus, NC

LISTINGS SORTED BY TOWN  
September 2022



## First Peak Visitor Center

20 E. Mills St., Columbus, NC 28722

828-894-2324

[www.firstpeaknc.com](http://www.firstpeaknc.com)

Use our mobile web site to get directions and local info for restaurants, shops, attractions, lodging and events.

Stay healthy and safe!


Restaurant dining rooms are open. Ask about takeout.

Thank you for your support.


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## COLUMBUS


### Beneficial Foods – Healthy Meals to Go

Mon-Fri 10am-8pm, Sat 9am-6pm  
Soup Daily. Full Menu on Tue & Thu  
98 Adawehi Ln.  828-894-0737  
[www.adawehi.com](http://www.adawehi.com)

### The Brick Pizzeria Café

Wed-Sun 11:30am-9pm  
214 E. Mills St.  828-894-2299

### Calvert's Kitchen – Family Dining

Mon-Fri 11am-8pm, Sat 11:30am-8pm  
306 E. Mills St.  828-894-0268


### Cocula Mexican Grill

Tue-Sun 11am-10pm  
338 W. Mills St.  828-894-2099  
[www.coculamexicangrill.com](http://www.coculamexicangrill.com)


### El Campesino – Mexican

Daily 11am-9:30pm  
205 E. Mills St.  828-894-0541

### Fuji Express – Japanese with drive-thru

Sun & Tue-Thu 11am-9pm, Fri-Sat 11am-9:30pm  
393 W. Mills St.  828-802-1199  
[www.fujiexpressnc.org](http://www.fujiexpressnc.org)


### Green River Tavern

Sun-Mon, Wed 11am-10pm; Tue, Thu-Sat 11am-12am  
155 W. Mills St. Suite 101  828-802-1099  
Live music, check schedule.  
[www.greenrivertavern20.com](http://www.greenrivertavern20.com)


### Iron Key Brewing Company

Wed-Thu 4-9:30pm, Fri-Sat 11am-10pm, Sun 12-8pm  
135 Locust St.  828-802-1045  
Live music, check schedule  
[www.ironkeybrewing.com](http://www.ironkeybrewing.com)

### Joy Wok II – Chinese

Tue-Thu 10:30am-9:30pm, Fri-Sat 10:30am-10pm  
Sun 11:30am-9:30pm  
155 W. Mills St. Suite 102  828-894-5566  
[www.joywokcolumbus.com](http://www.joywokcolumbus.com)


### Krossroads Kitchen – Café (inside V-Go Market)

Mon-Fri 6am-3pm, Sat 9am-2pm  
401 W. Mills St.  828-802-1196  
[www.krossroadskitchen.com](http://www.krossroadskitchen.com)



All hours are seasonal and information is subject to change – call restaurant to confirm

## COLUMBUS-cont.



### Mel & Lo's Bar & Grill

Tue-Sat 11am-9pm. Live music, check schedule.  
155 W. Mills St.  828-894-2891



### Mountain View Barbeque & Deli

Tue-Sat 11am-8pm  
829 W. Mills St.   828-894-7060  
[www.mtnviewbbq.com](http://www.mtnviewbbq.com)



### Openroad Coffee/Café with drive-thru

Mon-Sat 6:30am-7pm   828-894-2021  
915 W. Mills St.  
[www.openroadcoffeeroastery.com](http://www.openroadcoffeeroastery.com)



### Polk Nutrition – protein drinks, etc.

Mon-Fri 8am-4pm, Sat 10am-2pm  
2060 Lynn Rd., Suite 13   828-440-1042

### The Rural Seed – Casual Dining

Wed-Sat 11am-9pm, Sun Brunch 10am-2pm.  
Live music, check schedule   828-802-1097  
[www.theruralseed.com](http://www.theruralseed.com)

### Southern Manners – Family Dining

Mon-Fri 6:30am-2pm, Sat 6:30am-12pm breakfast only  
192 E. Mills St.   828-894-0406  
[www.southernmanners.online](http://www.southernmanners.online)

### Waffle House

Daily (Open 24 hours)  
357 W. Mills St. 828-894-2311



### Wolverine Pizza – Take Out/Delivery

Mon-Fri 11am-8pm, Sat 3-8pm  
1550 Hwy 108/Next to BP 828-894-5252

### Quick Service Options on Hwy 108 Near I-26

Bojangles  
McDonalds  
Subway  
Taco Bell  
Wendy's

#### Legend:


 Outdoor seating/Leashed pets allowed  
 Order online  Find on Facebook

## GREEN CREEK



### Deb's Mini Mart – Fast Food

Mon-Sat 6am-3pm  
6393 Hwy 9 S. 828-863-1288

### Looking Glass Creamery – Cheese, Ice Cream

Thu-Sun 11am-5pm  828-222-0751  
115 Harmons Dairy Ln  
[www.LookingGlassCreamery.com](http://www.LookingGlassCreamery.com)

### Martha's Amish Bakery

Wed-Fri 7am-2pm, Sat 8am-1pm  
6431 Hwy 9 S.   828-863-4643

*Our small towns are what make us great!*

**Columbus** - Best known for history, heritage and as the Polk County seat

**Green Creek** – A rural area that is home to wineries, horse farms and agriculture

**Mill Spring** - An agricultural area that is home to Lake Adger and the Tryon International Equestrian Center

**Saluda** - Best known for the railroad and its thriving small downtown

**Tryon** - Best known for hospitality, the arts and equestrian history




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828-894-2324

## TRYON


### All Good Things Bakery 🐾

Tue-Fri 7am-4pm, Sat-Sun 8am-2pm  
289A S. Trade St.  828-440-1018  
www.allgoodthingsbakery.com


### Buck's Pizza – Take Out/Delivery 🐾

Mon-Wed 11am-7pm, Thu-Sat 11am-8pm  
30 N. Trade St.  828-859-0400  
www.buckspizza.com/tryon-nc  can text order

### Café La Gaule

Sun-Mon 8am-3pm, Tue-Sat 8am-3pm & 5:30-9pm  
10 N. Trade St.  828-440-1480  
www.cafelagauletryon.com 


### Caro-Mi Dining Room – Upscale Southern

Wed-Fri 5-8pm, Sat 4-8pm  
3231 Hwy 176 W.  828-859-5200  
www.caro-mi.com

### Ei Sureno – Mexican 🐾

Daily 11am-10pm  
1052 S. Trade St.  828-859-3075

### Fresh – juice and smoothies

Mon-Fri 7:30am-5:30pm  
66 Academy St.  828-440-0270



### Harper Eatery & Pub 🐾

Tue-Thu 11am-8pm, Fri-Sat 11am-9pm  
10 Oak St.  828-440-1540  
www.harpereateryandpub.com   
Live music, check schedule.


### Hot Dog King (inside Sunoco Market)

Mon-Fri 6am-3:30pm  
3950 Lynn Rd. (Hwy.108) 828-859-9080


### Huckleberry's – Casual Dining 🐾

Mon-Tue 11am-8pm, Fri-Sat 11am-9pm,  
Sun 11am-3pm  828-436-0025  
www.huckleberrysbakery.com   
Live music, check schedule.

### Katie D's NY Deli 🐾


Wed-Sat 7:30am-3pm, Sun 8am-2pm  
255 N. Trade St.  828-440-1441

### Manzolina's Take-Out Eatery

Mon-Fri 10:30am-7pm, Sat 8am-7pm, Sun 12-5pm  
117 Harmon Field Rd.  828-567-8036

## TRYON-cont.



### Mr. Juan's Mexican Restaurant 🐾

Tue-Thu 11am-9:30pm, Fri 11am-10pm,  
Sat-Sun 12-10pm  
526 S. Trade St.  828-859-6858


### Nana's Kitchen

Mon-Fri 8am-2pm, Sun 8am-1pm  
354 S. Trade St. 828-859-0305


### Side Street Pizza & Pasta 🐾

Mon & Thu 11am-9pm, Fri-Sat 11am-10pm,  
Sun 3-9pm  
135 S. Trade St.  828-859-5325  
www.sidestpizza.com 

### Trade Street Creamery & Sandwich Shoppe


Tue-Sat 11am-8pm, lunch counter closes at 3pm  
10 N. Trade St. Suite A  828-440-1522  
www.tradestreetcreamery.com

### Tryon Coffeehouse Co-op


Sun-Fri 8am-2pm, Sat 8am-6pm  
62A N. Trade St.  828-436-0085

## SALUDA



### Azalea Bistro 🐾

Thu-Sun 11am-2:30pm & 5:30-8:30pm,  
Sun Brunch 11am-2:30pm  
40 E. Main St.  828-769-9022  
www.azaleabistro.com


### Green River Eddy's Tap Room & Grill 🐾

Grill: Sun-Thu 12-8pm, Fri-Sat 12-10pm  
Live music, check schedule.  
435 Main St.  828-848-4060  
www.saludaoutfitters.com

### Green River Bar-B-Que 🐾

Mon 11am-8pm, Tue-Sat 11am-9pm, Sun 11am-8pm  
131 Main St.  828-749-9892  
www.greenriverbbq.com 

### Mewdllic's Tea Lounge 🐾

Wed & Fri 11am-8pm, Thu & Sat 11am-5pm,  
Sun 10am-2pm  
171 E. Main St.  828-769-9036  
www.mewdllic.com

#### Legend:

🐾 Outdoor seating/Leashed pets allowed  
 Order online  Find on Facebook

## SALUDA-cont.

### Newman's at the Orchard Inn – Fine Dining 🐾

\* All times by reservation only  
Breakfast daily 8:30-9:30am  
Thu-Sat 6-9pm, Sun Brunch 11:30am-1:30pm  
7305 Hwy 176  828-749-5471  
www.orchardinn.com


### The Purple Onion – Casual Dining 🐾

Lunch Mon & Fri-Sat 11am-2:30pm, Sun 11am-3pm  
Dinner Mon & Wed-Sat 5-9pm  
16 Main St.  828-749-1179  
www.purpleonionsaluda.com   
Live music, check schedule.

### Saluda Sweet Shoppe – Ice Cream, Candy 🐾

Thu-Sun 12-4pm  
32 W. Main St, Suite C 828-769-9016



### Saluda Whistle Stop Pizza & Wings 🐾

Wed-Thu 4-8pm, Fri 4-9pm, Sat 12-9pm,  
Sun 12-7:30pm  
1487 Ozone Dr. (near I-26)  828-388-2653  
www.saludawhistlestop.com


### Somewhere In Time – Ice Cream

Mon-Sat 10am-5pm, Sun 1-5pm  
60 E. Main St. 828-749-2401



### The SPOT – Taco Shop

Tue-Wed 12-4pm, Fri-Sat 12-8pm  
101 E. Main St.  828-769-9100  
www.thespotsaluda.com 


### Subway

Daily 9am-9pm  
1484 Ozone Dr. (near I-26)  828-749-3650


### Wakey Monkey – Coffee Café

Mon-Tue & Thu-Sun 8am-2pm  
18 Church St.  828-769-9040  
www.wakeymonkeysaluda.com 

### Ward's Grill

Tue-Fri 9am-3pm, Sat 7am-3pm  
Sat Breakfast Buffet 7-10:30am  828-749-2321  
24 Main St.


### Wildflour Bakery

Mon, Wed, Fri-Sat 8am-2pm, Sun 9am-2pm  
Pizza night: Wed & Fri 5-8pm  
173 E. Main St.  828-749-3356  
www.wildflourbakerync.com

*All hours are seasonal and information is subject to  
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## MILL SPRING

### The Burger Barn (at Parker-Binns Vineyard) 🐾

Thu 12-5:30pm, Fri-Sun 12-6:30pm  
2275 Whiteside Rd.  828-894-0154  
Live music, tasting room  
www.parkerbinnsvineyard.com


### Deb's Mini-Mart – Fast Food

Daily 6am-8pm  
91 Hwy 9 N. 828-894-3939


### Ice Cream Barn 🐾

Tue-Sun 1-9pm  
82 Hwy 9 N.  828-894-0119


### Tryon International Equestrian Center & Resort

25 International Blvd.  828-863-1000  
www.Tryon.com/dining  
www.Tryon.com/ToGo

### Bear's Smokehouse – Bar-B-Que 828-863-1179

Wed-Sun 11am-8pm 

### Blue Ginger – Japanese/sushi 828-863-1121

Wed-Sun 11am-9pm 

### Campagna – Italian 828-863-1127

Mon & Wed 4-9pm, Thu-Sat 11am-12am,  
Sun 11am-9pm

### General Store – Ice Cream, Coffee, Groceries

Mon-Wed 7am-9pm, Thu-Sat 7am-12am  
Sun 7am-9pm 828-863-1432

### Legends Grille – Fine Dining 828-863-1122

Tue-Wed 4-9pm, Thu-Sat 11am-12am,  
Sun 11am-9pm

### Pony Express Deli

Wed-Sun 7am-4pm

### Roger's Diner 828-863-1113

Mon-Wed 7am-4pm, Thu-Sat 7am-12am,  
Sun 11am-9pm

### Siesta Cantina – Mexican

Wed 11am-4pm, Fri-Sat 11am-4pm & 11pm-2am,  
Sun 11am-4pm

### Mane Street Coffee

Closed for now

#### Legend:

🐾 Outdoor seating/Leashed pets allowed  
 Order online  Find on Facebook

**FOR AREA INFORMATION - CALL OR VISIT:**  
828-894-2324  www.firstpeaknc.com