



COLUMBUS


Beneficial Foods – Healthy Meals to Go

Mon-Fri 10am-8pm, Sat 9am-6pm
Hot Soup Daily. Tue & Thu: Full Take-out Menu
98 Adawehi Ln.  828-894-0737
www.adawehi.com

The Brick Pizzeria Café

Wed-Sun 11:30am-9pm
214 E. Mills St.  828-894-2299

Calvert's Kitchen – Family Dining

Mon-Fri 11am-8pm, Sat 11:30am-8pm
306 E. Mills St.  828-894-0268


Cocula Mexican Grill

Tue-Sun 11am-10pm
338 W. Mills St.  828-894-2099
www.coculamexicangrill.com


El Campesino – Mexican.

Daily 11am-9:30pm
205 E. Mills St.  828-894-0541

Fuji Express – Japanese with drive-thru

Tue-Sun 11am-9pm
393 W. Mills St.  828-802-1199
www.fujiexpressnc.org


Green River Tavern

Sun-Thu 11am-10pm; Fri-Sat 11am-12am
155 W. Mills St.  828-802-1099
Live music, check schedule.
www.greenrivertavern20.com


Iron Key Brewing Company

Wed-Thu 4-9:30pm, Fri-Sat 11am-10pm, Sun 12-8pm
135 Locust St  828-802-1045
Live music, check schedule
www.ironkeybrewing.com

Joy Wok II – Chinese

Tue-Thu 10:30am-9:30pm, Fri-Sat 10:30am-10pm
Sun 11:30am-9:30pm
155 W. Mills St. Suite 102  828-894-5566
www.joywokcolumbus.com


Krossroads Kitchen – Café (inside V-Go Market)

Mon-Fri 6am-3pm, Sat 9am-2pm
401 W. Mills St.  828-802-1196
www.krossroadskitchen.com



All hours are seasonal and information is subject to change – call restaurant to confirm

COLUMBUS-cont.


Mountain View Barbeque & Deli

Tue-Sat 11am-8pm
829 W. Mills St.  828-894-7060
www.mtnviewbbq.com

Openroad Coffee/Café with drive-thru

Mon-Sat 6:30am-7pm   828-894-2021
915 W. Mills St.
www.openroadcoffeeroastery.com



Polk Nutrition – protein drinks, etc.

Mon-Fri 8am-4pm, Sat 10am-2pm
2060 Lynn Rd., Suite 13  828-440-1042

The Rural Seed – Casual Dining

Wed-Sat 11am-8pm, Sun Brunch 10am-2pm.
Live music, check schedule.
322 E. Mills St.   828-802-1097
www.theruralseed.com

Southern Manners – Family Dining

Mon-Fri 6:30am-2pm, Sat 6:30am-12pm breakfast only
192 E. Mills St.   828-894-0406
www.southernmanners.online

Waffle House

Daily (Open 24 hours)
357 W. Mills St. 828-894-2311

Wolverine Pizza – Take Out/Delivery

Mon-Fri 11am-8pm, Sat 3-8pm
1550 Hwy 108/Next to BP 828-894-5252

Quick Service Options on Hwy 108 Near I-26

Bojangles
McDonald's
Subway
Taco Bell
Wendy's

Legend:


 Outdoor seating/Leashed pets allowed
 Order online  Find on Facebook

GREEN CREEK


Deb's Mini Mart – Fast Food

Mon-Sat 6am-3pm
6393 Hwy 9 S. 828-863-1288

Looking Glass Creamery – Cheese, Ice Cream

Thu-Sun 11am-5pm  828-222-0751
115 Harmons Dairy Ln
www.LookingGlassCreamery.com

Martha's Amish Bakery

Closed until 1/11/23
Wed-Fri 7am-2pm, Sat 8am-1pm
6431 Hwy 9 S.  828-863-4643

*Our small towns are what
make us great!*

Columbus - Best known for history,
heritage and as the Polk County seat

Green Creek – A rural area that is home to
wineries, horse farms and agriculture

Mill Spring - An agricultural area that is
home to Lake Adger and the Tryon
International Equestrian Center

Saluda - Best known for the railroad and its
thriving small downtown

Tryon - Best known for hospitality, the arts
and equestrian history



www.firstpeaknc.com

Get directions and info for local restaurants,
shops, attractions, lodging and events.

828-894-2324

Restaurant Guide

Historic Saluda, Tryon & Columbus, NC

LISTINGS SORTED BY TOWN

January 2023



First Peak Visitor Center 

20 E. Mills St., Columbus, NC 28722

828-894-2324

www.firstpeaknc.com

Use our mobile web site to get directions and
local info for restaurants, shops, attractions,
lodging and events.


Stay healthy and safe!

Call to request an updated
guide available in print &
online.


01/03

TRYON



All Good Things Bakery 🐾

Tue-Fri 7am-4pm, Sat-Sun 8am-2pm
289A S. Trade St.  828-440-1018
www.allgoodthingsbakery.com

Big Guns Coffee – Coffee/Pastries 🐾

Wed-Sat 7:30am-5pm
152 N. Trade St.  704-574-6611
www.biggunscoffee.com


Buck's Pizza – Take Out/Delivery 🐾

Tue-Thu 11am-8pm, Fri-Sat 11am-9pm
30 N. Trade St.  828-859-0400
www.buckspizza.com/tryon-nc  can text order

Café La Gaule

Sun-Mon 8am-3pm, Tue-Sat 8am-3pm & 5:30-9pm
10 N. Trade St.  828-440-1480
www.cafelagauletryon.com


Caro-Mi Dining Room – Upscale Southern

***Closed until 1/10/23**
Wed-Fri 5-8pm, Sat 4-8pm
3231 Hwy 176 W.  828-859-5200
www.caro-mi.com

El Sureno – Mexican 🐾

Daily 11am-9:30pm
1052 S. Trade St.  828-859-3075

Fresh – Juice, Smoothies

Mon-Thu 9am-2pm, Fri 9am-1:30pm
66 Academy St.  828-440-0270


Harper Eatery & Pub 🐾 ***Closed until 1/10/23**

Tue-Thu 11am-8pm, Fri-Sat 11am-9pm
10 Oak St.  828-440-1540
www.harpereateryandpub.com


Hot Dog King/Pizza Take Out (inside Sunoco Market)

Mon-Fri 6am-8pm, Sat 10am-6pm
3950 Lynn Rd. (Hwy.108) 828-859-9080


Katie D's NY Deli 🐾

Wed-Sat 7:30am-3pm, Sun 8am-2pm
255 N. Trade St.  828-440-1441

K.D.'s Sea Shack

Wed-Fri 3-9pm, Sat-Sun 12-9pm
82 N. Trade St.  828-440-1285
www.kdsseashack.com

Manzolina's Take-Out Eatery 🐾


Mon-Wed 10:30am-3pm, Thu-Fri 10:30am-7pm,
Sat 8am-2pm
117 Harmon Field Rd.  828-440-1400

TRYON-cont.

Marengo Restaurant 🐾

Brunch daily 8am-3pm, Dinner daily 4-9pm
62 N. Trade St.


Mr. Juan's Mexican Restaurant 🐾

Tue-Thu 11am-9:30pm, Fri-Sun 11am-10pm
526 S. Trade St.  828-859-6858


Nana's Kitchen

Sun-Fri 8am-2pm
354 S. Trade St. 828-859-0305


Side Street Pizza & Pasta 🐾

Mon & Thu 11am-9pm, Fri-Sat 11am-10pm,
Sun 3-9pm
135 S. Trade St.  828-859-5325
www.sidestpizza.com

Trade Street Creamery & Sandwich Shoppe


Lunch till 3pm, Tue-Thu 11am-5pm, Fri-Sat 11am-8pm
10 N. Trade St. Suite A  828-440-1522
www.tradestreetcreamery.com

Tryon Coffeehouse Co-op


Sun-Fri 8am-2pm, Sat 8am-6pm
62A N. Trade St.  828-436-0085

SALUDA


Azalea Bistro 🐾 ***Closed until 3/3/23**

Thu-Sun 11am-2:30pm & 5:30-8:30pm,
Sun Brunch 11am-2:30pm
40 E. Main St.  828-769-9022
www.azaleabistro.com


Green River Eddy's Tap Room & Grill 🐾

Grill: Sun-Thu 12-8pm, Fri-Sat 12-10pm
435 Main St.  828-848-4060
www.saludaoutfitters.com

Green River Bar-B-Que 🐾


Sun-Thu 11am-8pm, Fri-Sat 11am-9pm,
131 Main St.  828-749-9892
www.greenriverbbq.com

Mewdllic's Tea Lounge 🐾

Wed & Fri 11am-8pm, Thu & Sat 11am-5pm,
Sun 10am-2pm
171 E. Main St.  828-769-9036
www.mewdllic.com

SALUDA-cont.

Newman's at the Orchard Inn – Fine Dining 🐾

* All times by reservation only
Breakfast daily 8:30-9:30am
Thu-Sat 6-8:30pm, Sun Brunch 11:30am-1:30pm
7305 Hwy 176  828-749-5471
www.orchardinn.com


The Purple Onion – Casual Dining 🐾

Lunch Mon & Thu-Sun 11am-3pm
Dinner Mon & Thu-Sat 5-8:30pm
16 Main St.  828-749-1179
www.purpleonionsaluda.com 
Live music, check schedule.

Saluda Sweet Shoppe – Ice Cream, Candy 🐾

***Closed until 03/01/23**
Thu-Sun 12-4pm
32 W. Main St, Suite C 828-769-9016


Saluda Whistle Stop Pizza & Wings 🐾

Wed-Thu 4-8pm, Fri-Sat 12-9pm, Sun 12-7:30pm
1487 Ozone Dr. (near I-26)  828-388-2653
www.saludawhistlestop.com


Somewhere In Time – Ice Cream

Mon-Sat 10am-5pm, Sun 1-5pm
60 E. Main St. 828-749-2401

The SPOT – Taco Shop

Tue-Wed 12-4pm, Fri-Sat 12-8pm
101 E. Main St.  828-769-9100
www.thespotsaluda.com


Subway

Daily 8:30am-9pm
1484 Ozone Dr. (near I-26)  828-749-3650


Wakey Monkey – Coffee Café

Tue-Sun 8am-2pm
18 Church St.  828-769-9040
www.wakeymonkeysaluda.com

Ward's Grill

Tue-Fri 9am-4pm, Sat 7am-3pm
Sat Breakfast Buffet 7-10:30am
24 Main St.  828-749-2321


Wildflour Bakery

Mon, Wed, Fri-Sat 8am-2pm, Sun 9am-2pm
Pizza night: Wed & Fri 5-8pm
173 E. Main St.  828-749-3356
www.wildflourbakerync.com

All hours are seasonal and information is subject to change – call restaurant to confirm

MILL SPRING


The Burger Barn (at Parker-Binns Vineyard) 🐾

Thu 12-4:30pm, Fri-Sun 12-5:30pm
2275 Whiteside Rd.  828-894-0154
Live music, tasting room
www.parkerbinnsvineyard.com


Deb's Mini-Mart – Fast Food

Daily 6am-8pm
91 Hwy 9 N. 828-894-3939


Ice Cream Barn 🐾 ***Closed for the season**

Tue-Thu 3-7pm, Fri-Sun 2:30-7pm
82 Hwy 9 N.  828-894-0119

Tryon International Equestrian Center & Resort

25 International Blvd.  828-863-1000
www.Tryon.com/dining
www.Tryon.com/ToGo

Bear's Smokehouse – Bar-B-Que 828-863-1179

Fri 11am-8pm 🐾 

Blue Ginger – Japanese/sushi 828-863-1121

Tue-Wed 4-9pm, Thu 4-10pm, Fri 11am-10pm

Campagna – Italian 🐾 828-863-1127

Mon-Wed 4-9pm, Thu-Fri 11am-10pm,

General Store – Ice Cream, Coffee, Groceries

Mon 7am-9pm, Tue-Fri 7am-10pm, Sat 4-9pm,
Sun 7am-4pm 828-863-1432

Legends Grille – Fine Dining 828-863-1122

Tue-Thu 4-10pm, Fri 2-10pm,

Pony Express Deli

Wed-Fri 7am-4pm

Roger's Diner 🐾 828-863-1113

Mon 7am-4pm, Tue-Fri 7am-9pm, Sat 7am-4pm,
Sun 4-9pm

Mane Street Coffee

Closed for now

Siesta Cantina – Mexican

Closed for now

FOR AREA INFORMATION - CALL OR VISIT:
828-894-2324  www.firstpeaknc.com

Legend:

🐾 Outdoor seating/Leashed pets allowed

 Order online  Find on Facebook