

# Restaurant Guide

Historic Saluda, Tryon & Columbus, NC

LISTINGS SORTED BY TOWN  
May 2023



**First Peak Visitor Center**   
20 E. Mills St., Columbus, NC 28722  
828-894-2324  
[www.firstpeaknc.com](http://www.firstpeaknc.com)

Use our mobile web site to get directions and local info for restaurants, shops, attractions, lodging and events.


Stay healthy and safe!

Call us to request an updated guide: revised monthly and available in print & online.


05/01

## COLUMBUS


### Beneficial Foods – Healthy Meals to Go

Mon-Fri 10am-8pm, Sat 9am-6pm  
Hot Soup Daily. Tue & Thu: Full Take-out Menu  
98 Adawehi Ln.  828-894-0737  
[www.adawehi.com](http://www.adawehi.com)

### The Brick Pizzeria Café

Tue 2-8pm, Wed-Thu 11:30am-8pm,  
Fri-Sat 11:30am-9pm  
214 E. Mills St.  828-894-2299

### Calvert's Kitchen – Family Dining

Mon-Fri 11am-8pm, Sat 11:30am-8pm  
306 E. Mills St.  828-894-0268



### Cocula Mexican Grill

Tue-Sun 11am-10pm  
338 W. Mills St.  828-894-2099  
[www.coculamexicangrill.com](http://www.coculamexicangrill.com)


### El Campesino – Mexican,

Daily 11am-10pm  
205 E. Mills St.  828-894-0541


### Fuji Express – Japanese with drive-thru

Tue-Thu 11am-9pm, Fri-Sat 11am-9:30pm,  
Sun 11am-9pm  
393 W. Mills St. Suite 112   828-802-1199  
[www.fujiexpressnc.org](http://www.fujiexpressnc.org)



### Green River Tavern

Sun-Thu 11am-10pm; Fri-Sat 11am-12am  
155 W. Mills St., Suite 112  828-802-1099  
Live music, check schedule.  
[www.greenrivertavern20.com](http://www.greenrivertavern20.com)

### Iron Key Brewing Company

Wed-Thu 11am-9:30pm, Fri-Sat 11am-10pm,  
Sun 11am-8pm  
135 Locust St  828-802-1045  
Live music, check schedule  
[www.ironkeybrewing.com](http://www.ironkeybrewing.com)


### Joy Wok II – Chinese

Tue-Sat 10:30am-9:30pm, Sun 11:30am-9:30pm  
155 W. Mills St. Suite 102   828-894-5566  
[www.joywokcolumbus.com](http://www.joywokcolumbus.com)


*All hours are seasonal and information is subject to change – call restaurant to confirm*

## COLUMBUS-cont.



### Krossroads Kitchen – Café (inside V-Go Market)

Mon-Fri 6am-3pm, Sat 9am-2pm  
401 W. Mills St.  828-802-1196  
[www.krossroadskitchen.com](http://www.krossroadskitchen.com)



### Mountain View Barbeque & Deli

Tue-Sat 11am-8pm  
829 W. Mills St.  828-894-7060  
[www.mtnviewbbq.com](http://www.mtnviewbbq.com)



### Openroad Coffee/Café with drive-thru

Mon-Sat 6:30am-7pm   828-894-2021  
915 W. Mills St.  
[www.openroadcoffeeroastery.com](http://www.openroadcoffeeroastery.com)

### The Rural Seed – Casual Dining

Wed-Sat 11am-8pm, Sun Brunch 10am-2pm.  
322 E. Mills St.  
Live music, check schedule   828-802-1097  
[www.theruralseed.com](http://www.theruralseed.com)

### Southern Manners – Cafe

Mon-Fri 6:30am-2pm, Sat 6:30am-12pm breakfast only  
192 E. Mills St.   828-894-0406  
[www.southernmanners.online](http://www.southernmanners.online)

### Waffle House

Daily (Open 24 hours)  
357 W. Mills St. 828-894-2311

### Wolverine Pizza – Take Out/Delivery

Mon-Sat 11am-8pm  
1550 Hwy 108/Next to BP 828-894-5252

### Quick Service Options on Hwy 108 Near I-26

Bojangles  
McDonald's  
Subway  
Taco Bell  
Wendy's

Legend:


 Outdoor seating/Leashed pets allowed  
 Order online  Find on Facebook

## GREEN CREEK


### Deb's Mini Mart – Fast Food

Mon-Sat 5:30am-10pm, Sun 7am-10pm  
6393 Hwy 9 S. 828-863-1288

### Looking Glass Creamery – Cheese, Ice Cream

Thu-Sun 11am-5pm  828-222-0751  
115 Harmons Dairy Ln  
[www.LookingGlassCreamery.com](http://www.LookingGlassCreamery.com)

### Martha's Amish Bakery

Wed-Fri 7am-2pm, Sat 8am-1pm  
6431 Hwy 9 S.  828-863-4643

*Our small towns are what make us great!*

**Columbus** - Best known for history, heritage and as the Polk County seat

**Green Creek** – A rural area that is home to wineries, horse farms and agriculture

**Mill Spring** - An agricultural area that is home to Lake Adger and the Tryon International Equestrian Center

**Saluda** - Best known for the railroad and its thriving small downtown

**Tryon** - Best known for hospitality, the arts and equestrian history




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## TRYON



### All Good Things Bakery 🐾

Tue-Fri 7am-4pm, Sat-Sun 8am-2pm  
289A S. Trade St.  828-440-1018  
www.allgoodthingsbakery.com


### Big Guns Coffee – Coffee/Pastries 🐾

Daily 7:30am-5pm  
152 N. Trade St.  704-574-6611  
www.biggunscoffee.com


### Buck's Pizza – Take Out/Delivery 🐾

Mon 11am-7pm, Tue-Sat 11am-8pm  
30 N. Trade St.  828-859-0400  
www.buckspizza.com/tryon-nc  can text order

### Café La Gaule 🐾

Mon-Fri 8am-2pm, Wed-Sun 5-9pm  
10 N. Trade St.  828-440-1480  
www.cafelagauletryon.com


### Caro-Mi Dining Room – Upscale Southern

Wed-Fri 5-8pm, Sat 4-8pm  
3231 Hwy 176 W.  828-859-5200  
www.caro-mi.com


### El Sureno – Mexican 🐾

Daily 11am-9:30pm  
1052 S. Trade St.  828-859-3075


### Fresh - Juice/Smoothies (Inside Tryon Health & Fitness)

Mon-Thu 9:30am-5pm, Fri 9:30am-2pm  
66 Academy St.  828-440-0270


### Harper Eatery & Pub 🐾

Tue-Thu 11am-8pm, Fri-Sat 11am-9pm  
10 Oak St.  828-440-1540  
Live music, check schedule

### Hunts Bro. Pizza - Take Out (inside Tryon Food Store)

Daily 6am-4pm  
3950 Lynn Rd. (Hwy.108)  828-859-9080


### Katie D's NY Deli 🐾

Wed-Sat 7:30am-3pm, Sun 8am-2pm  
255 N. Trade St.  828-440-1441

### K.D.'s Sea Shack


Wed-Thu 3-9pm, Fri-Sun 12-9pm  
82 N. Trade St.  828-440-1285  
www.kdsseashack.com  
Live music, check schedule

### Manzolina's Take-Out Eatery 🐾

Mon-Sat 8am-6pm  
117 Harmon Field Rd.  828-440-1400

## TRYON-cont.

### Marengo Restaurant – Casual Dining 🐾

Mon-Thu 10am-8:30pm, Fri-Sat 8am-9pm,  
Sun 8am-4pm  828-440-1459  
62 N. Trade St.



### Mr. Juan's Mexican Restaurant 🐾

Tue-Fri 11am-9pm, Sat-Sun 12-9pm  
526 S. Trade St.  828-859-6858



### Nana's Kitchen

Sun-Fri 8am-2pm  
354 S. Trade St. 828-859-0305


### Side Street Pizza & Pasta 🐾

Mon & Thu-Sat 11am-9pm, Sun 3-8:30pm  
135 S. Trade St.   828-859-5325  
www.sidestpizza.com

### Trade Street Creamery & Sandwich Shoppe 🐾


Ice cream: Tue-Sat 11am-8pm  
Lunch: Tue-Sat 11am-3pm  
10 N. Trade St. Suite A   828-440-1522  
www.tradestreetcreamery.com

### Tryon Coffeehouse Co-op 🐾


Sun-Fri 8am-2pm, Sat 8am-6pm  
62A N. Trade St.  828-436-0085

## SALUDA


### Azalea Bistro 🐾

Thu-Sun 11am-2:30pm & 5:30-8:30pm  
40 E. Main St.  828-769-9022  
www.azaleabistro.com



### Back Alley Barn - Tavern 🐾

Thu-Fri 4-9pm, Sat-Sun 12-9pm  
30 E. Main St.  828-749-0204  
Live music, check schedule

### Green River Eddy's Tap Room & Grill 🐾

Grill: Sun-Thu 12-8pm, Fri-Sat 12-10pm  
435 Main St.  828-848-4060  
Live music, check schedule  
www.saludaoutfitters.com

### Green River Bar-B-Que 🐾

Sun-Thu 11am-8pm, Fri-Sat 11am-9pm,  
131 Main St.   828-749-9892  
www.greenriverbbq.com


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## SALUDA-cont.


### M.A. Pace Store – Ice Cream, Candy 🐾

Mon-Sat 10am-5pm, Sun 1-5pm  
60 E. Main St. 828-749-2401

### Mewdlie's Tea Lounge 🐾

Wed & Fri 12-8pm, Thu & Sat 12-5pm,  
Sun 10am-2pm  
171 E. Main St.  828-769-9036  
www.mewdlie.com

### Newman's at the Orchard Inn – Fine Dining 🐾

\* All times by reservation only  
Breakfast daily 8:30-9:30am  
Thu-Sat 6-8:30pm, Sun Brunch 11:30am-1:30pm  
7305 Hwy 176  828-749-5471  
www.orchardinn.com


### The Purple Onion – Casual Dining 🐾

Lunch Mon & Thu-Sun 11am-3pm  
Dinner Mon & Thu-Sat 5-9pm  
16 Main St.   828-749-1179  
Live music, check schedule.  
www.purpleonionsaluda.com



### Saluda Sweet Shoppe – Ice Cream, Candy

Thu-Sat 12-4pm, Sun 1-4pm  
32 W. Main St., Suite C 828-769-9016

### Saluda Whistle Stop Pizza & Wings 🐾

Wed-Thu 4-8pm, Fri 4-9pm, Sat 12-9pm,  
Sun 12-7:30pm  
1487 Ozone Dr. (near I-26)  828-388-2653  
www.saludawhistlestop.com

### The SPOT – Taco Shop 🐾

Thu-Sat 4-9pm  
101 E. Main St.   828-769-9100  
www.thespotsaluda.com

### Subway: Daily 8:30am-9pm 828-749-3650


### Triangle Stop Food Store-Fast Food:

Daily 6am-7pm 828-749-2041  
1484 Ozone Dr. (near I-26)

### Wakey Monkey – Coffee Café

Tue-Sun 8am-2pm  
18 Church St.  828-769-9040  
www.wakeymonkeysaluda.com


### Ward's Grill

Tue-Fri 8am-3pm, Sat 7am-3pm  
Sat Breakfast Buffet 7-10:30am  
24 Main St.  828-749-2321

**FOR AREA INFORMATION - CALL OR VISIT:**  
828-894-2324  [www.firstpeaknc.com](http://www.firstpeaknc.com)

## SALUDA-cont.

### Wildflour Bakery 🐾


Mon, Wed, Fri-Sat 8am-2pm, Sun 9am-2pm  
Pizza night: Wed & Fri 5-8pm  
173 E. Main St.  828-749-3356  
www.wildflourbakerync.com

## MILL SPRING


### Deb's Mini-Mart – Fast Food

Daily 6am-8pm  
91 Hwy 9 N. 828-894-3939


### Crossroads Ice Cream & Coffee 🐾\*

Mon-Fri 6am-9pm, Sat 8am-9pm, Sun 2-9pm  
82 Hwy 9 N.  828-894-0119

### Relish - Grill (at Parker-Binns Vineyard) 🐾

Thu 12-5:30pm, Fri-Sun 12-6:30  
2275 Whiteside Rd.  828-429-6312  
Live music, tasting room  
www.parkerbinnsvineyard.com

### Tryon International Equestrian Center & Resort

25 International Blvd.  828-863-1000  
www.Tryon.com/dining  
www.Tryon.com/ToGo

### Blue Ginger – Japanese/sushi 828-863-1121

Thu-Sun 11am-9pm

### Campagna – Italian 828-863-1127

Mon & Wed 4-9pm, Thu-Sun 11am-9pm

### General Store – Ice Cream, Coffee, Groceries

Daily 7am-9pm 828-863-1432 

### Legends Grille – Fine Dining 828-863-1122

Tue-Wed 4-9pm, Thu-Sat 11am-9pm,  
Sunday 10am-2pm and 4-9pm

### Pony Express Deli (inside the General Store)

Wed-Sun 7am-4pm

### Roger's Diner 828-863-1113

Mon-Wed 7am-4pm, Thu-Sat 7am-9pm,  
Sun 7am-5pm

### Siesta Cantina – Mexican

\*Opening soon

#### Legend:

 Outdoor seating/Leashed pets allowed

 Order online  Find on Facebook