



This week at the First Peak

July 12-18, 2023 (Wed-Tue)

Here's a quick look at what's happening in the area over the next week.
You'll find additional events, info & attractions at www.firstpeaknc.com.
Message us on Facebook or give us a call during the day at 828-894-2324.

20 E. Mills St., Columbus, NC 28722

Welcome! Explore Historic Saluda, Tryon & Columbus - shop and eat local.
Get out and enjoy our natural beauty and hiking. Relax and have fun!

Reoccurring events

Historic Tryon Movie Theatre • Tryon • "The Little Mermaid" is showing is showing Wed-Sat at 7pm, and Thu & Sun at 3:30pm. 45 South Trade St., Tryon, NC. 828-859-6811. Tickets at www.tryontheatre.com

Live Music and Tastings at Parker-Binns Vineyard • Mill Spring • Tastings: Wed-Thu 12-6pm, Fri-Sun 12-7pm. Enjoy a bite from Relish Grill, on site Thu-Sun. **Free Music:** 3pm: Sat, Steven Poteat; Sun, Phil Ruff. 2275 Whiteside Rd., Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com

Live Music and Winery Tours at Mountain Brook Vineyards • Green Creek • Tastings: Mon & Thu 12-6pm, Fri-Sat 12-8pm, Sun 12-7pm. Tours by reservation. **Free Music:** Sat, Bill & Tad's Excellent Duo at 3pm. 731 Phillips Dairy Rd, Tryon, NC. 828-722-1037. www.mountainbrookvineyards.com

Blueberry Picking & Wine Tastings at Overmountain Vineyards • Green Creek • Picking: Thu-Sat 7am-12pm. Pick your own blueberries while they last, \$6/lb. **Tastings:** Reservations required Wed-Sun: 12-6pm. 2012 Sandy Plains Rd., Tryon, NC. 828-863-0523. www.overmountainvineyards.com

Horse Shows and Music at Tryon Int'l Equestrian Ctr. • Mill Spring • Free. Wed-Sun, 8:30am-5pm. Hunter/jumper. **Free Music:** Thu, Seth & Sara at 5:30pm; Fri, Champagne Charlie at 6pm; Sat, Abby Bryant & the Echoes at 6pm. 25 International Blvd., Mill Spring, NC. 828-863-1000. www.resort.tryon.com

U-Pick Sunflowers at Looking Glass Creamery • Green Creek • Free, Thu-Sun 11am-5pm. Bring own supplies, enjoy cheese and ice cream. 115 Harmon Dairy Lane, Columbus, NC. 828-222-0751. www.lookingglasscreamery.com

Live Music at Green River Eddy's Tap Room • Saluda • Free, 7pm. Fri, Skies of Avalon; Sat, Misdemeanor Band. 435 Main St., Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Aanika's Elephants at Tryon Fine Arts Center • Tryon • Fri-Sat at 1pm, and Sat at 6pm. Enjoy a story about a young Kenyan girl who grows up with an orphaned baby elephant. Featuring puppeteers from Sesame Street. Advance tickets suggested, \$7. 34 Melrose Ave., Tryon, NC. 828-859-8322. www.tryonarts.org

Wednesday July 12 (more Wednesday events in reoccurring list above)

Family Fun Day at Isothermal Community College • Columbus • Free, 11am-3pm. Fun for the entire family. Games, activities, crafts, giveaways, and more. 1255 W. Mills St., Columbus, NC. 828-395-1098. www.isothermal.edu

Live Music at Iron Key Brewing Co. • Columbus • Wed, Flight Night 4-9pm, free music by the Accentrix at 6pm. 135 Locust St., Columbus, NC. 828-802-1045. www.ironkeybrewing.com


Puppeteering Workshop at Tryon Fine Arts Center • Tryon • 6:30pm. Enjoy this hands-on workshop and learn Muppet style puppetry taught by Marty Robinson (Mr. Snuffleupagus from Sesame Street). Advance registration, \$25. 34 Melrose Ave., Tryon, NC. 828-859-8322. www.tryonarts.org


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Events, info and hours may change • Verify details directly with venue


Let the First Peak Visitor Center help with your plans!
Use our website planner or give us a call • www.firstpeaknc.com • 828-894-2324
- Sign up [in the green section](#) at the bottom of our home page to receive this as a weekly e-mail -

Thursday, July 13 (more Thursday events in reoccurring list – top of page 1)



DeWayne Barton at Roseland Community Center • Tryon • Free, 2pm. DeWayne Barton will present a spoken word performance. 56 Peake St., Tryon, NC. 828-859-2828. www.upstairsartspace.org 

Live Music at The Purple Onion • Saluda • 7:30pm. Tom Waits Tribute Band. Advance tickets required – purchase online, \$8 each. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com 

Friday, July 14 (more Friday events in reoccurring list – top of page 1)


Saluda Tailgate Market • Saluda • 4:30-6:30pm. Buy fresh local produce and more. W. Main St., Saluda, NC. 828-894-2281. www.polkcountyfarms.org 

Free Wine Tasting • Around the Area • Starting at 5pm, Free wine tastings of featured wines:

- **The Tryon Bottle • Tryon •** 15 S. Trade St., Tryon, NC. 828-859-6473. www.tryonbottle.com 
- **Mewdllic's • Saluda •** 171 E. Main St., Saluda, NC. 828-769-9036 


Free Live Music • Around the Area • Starting at 6 & 7pm.

- **Tryon Equestrian Ctr, Green River Eddy's & Parker-Binns •** See info in **reoccurring events** on Pg 1.

Westside Mixer at Tryon Arts and Crafts School • Tryon • Free, 6-9pm. Featuring live music, crafts, pottery demonstrations, food trucks, and games. 373 Harmon Field Rd., Tryon, NC. www.tryonartsandcrafts.org 


 **Summer Tracks Concert Series at Rogers Park • Tryon •** Free, 7pm. Amanda Anne Platt and the Honeycutters will be performing. 55 W. Howard St., Tryon, NC. 828-749-2581. www.summertracks.com 

Saturday, July 15 (more Saturday events in reoccurring list – top of page 1)


Columbus Farmer's Market • Columbus • 8am-12pm. Buy fresh local produce, artisanal goods, baked treats, and more. Courthouse Square, Columbus, NC. 828-894-2281. www.polkcountyfarms.org 

Horse Show at FENCE • Tryon • 8am-5pm. 3381 Hunting Country Rd., Tryon, NC. 828-859-9021. www.fence.org 

Custom Knife Show and Demonstrations at Tryon Int'l Equestrian Ctr. • Mill Spring • 9am-7pm. Enjoy over 50 vendors, hourly demonstrations, raffles, auction, and more. See venue info on page 1.


“Armadillos” at Walnut Creek Preserve • Sunny View • Free, 10:30am. Colleen Olfenbuttel will discuss armadillo sightings in NC. Advance registration required online. www.conservingcarolina.org 

Free Live Music • Around the Area • Starting at 3, 6 & 7pm.

- **Mountain Brook, Parker-Binns & Green River Eddy's •** See info in **reoccurring events** on Pg 1.
- **The Rural Seed • Columbus •** 6pm. Chris Wayne. 322 E. Mills St., Columbus, NC. 828-802-1097 


Saturday Night Lights at Tryon International Equestrian Ctr • Mill Spring • 6pm. Free festival featuring music & kids' activities followed by the Grand Prix horse competition at 8pm. See venue info page 1.

Sunday, July 16 (more Sunday events in reoccurring list – top of page 1)

Walk in the Woods at Saluda Library • Saluda • Free, 11am. Enjoy a walk along a lake trail and enjoy a swim afterwards. Meet in the library parking lot to carpool. 44 W. Main St., Saluda, NC. 828-722-5218. www.saludaclt.org 

Sip and Paint at Parker-Binns Vineyard • Mill Spring • 12pm. Paint a Highland Christmas Cow Santa on canvas. Advance registration, \$30. See venue info on page 1.

Tuesday, July 18 (more Tuesday events in reoccurring list – top of page 1)

Team Trivia at Manzolina's Eatery • Tryon • 6pm. Bring a chair for outdoor trivia. Prizes for top teams. Food and drink available for purchase. 117 Harmon Field Rd., Tryon, NC. 828-894-8721. www.polklibrary.org 

Find more events on our website or give us a call • www.firstpeaknc.com • 828-894-2324

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