



# This week at the First Peak

**July 5-11, 2023** (Wed-Tue)

Here's a quick look at what's happening in the area over the next week.  
You'll find additional events, info & attractions at [www.firstpeaknc.com](http://www.firstpeaknc.com).  
Message us on Facebook or give us a call during the day at 828-894-2324.

20 E. Mills St., Columbus, NC 28722

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Welcome! Explore Historic Saluda, Tryon & Columbus - shop and eat local.  
Get out and enjoy our natural beauty and hiking. Relax and have fun!

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## Reoccurring events

**Historic Tryon Movie Theatre • Tryon •** “Shaun of the Dead” is showing Wed & Sat at 7pm, and Thu at 3:30pm; “Death at a Funeral” is showing Thu & Fri at 7pm, and Sun at 3:30pm. 45 South Trade St., Tryon, NC. 828-859-6811. Tickets at [www.tryontheatre.com](http://www.tryontheatre.com)

**Live Music and Tastings at Parker-Binns Vineyard • Mill Spring • Tastings:** Wed-Thu 12-6pm, Fri-Sun 12-7pm. Enjoy a bite from Relish Grill, on site Thu-Sun. **Free Music:** 3pm: Sat, Bill & Tad's Excellent Duo; Sun, David Giles. 2275 Whiteside Rd., Mill Spring, NC. 828-894-0154. [www.parkerbinnsvineyard.com](http://www.parkerbinnsvineyard.com)

**Live Music and Winery Tours at Mountain Brook Vineyards • Green Creek • Tastings:** Mon & Thu 12-6pm, Fri-Sat 12-8pm, Sun 12-7pm. Tours by reservation. **Free Music:** Sat, Reverie Woods at 3pm. 731 Phillips Dairy Rd, Tryon, NC. 828-722-1037. [www.mountainbrookvineyards.com](http://www.mountainbrookvineyards.com)

**Blueberry Picking & Wine Tastings at Overmountain Vineyards • Green Creek • Picking:** Wed, Fri & Sat, 7am-12pm. Pick your own blueberries while they last, \$6/lb. **Tastings:** Reservations required Wed-Sun: 12-6pm. 2012 Sandy Plains Rd., Tryon, NC. 828-863-0523. [www.overmountainvineyards.com](http://www.overmountainvineyards.com)

**Horse Shows and Music at Tryon Int'l Equestrian Ctr. • Mill Spring • Free.** Wed-Sun, 9am-5pm. Hunter/jumper and pony spectacular. **Free Music:** 6pm: Thu, Champagne Charlie; Fri, Band of Oz; Sat, Band of Oz. 25 International Blvd., Mill Spring, NC. 828-863-1000. [www.resort.tryon.com](http://www.resort.tryon.com)

**Live Music at Green River Eddy's Tap Room • Saluda • Free.** Thu, Charlie Alexander Saunders Band at 6pm; Fri, Skatoes Ghost at 7pm; Sat, the JackTown Ramblers at 7pm. 435 Main St., Saluda, NC. 828-848-4060. [www.saludaoutfitters.com](http://www.saludaoutfitters.com)

**Live Music at The Rural Seed • Columbus • Free,** 6pm. Fri, Dave Desmelik; Sat, Emily Martin & the Innocent Mischief. 435 Main St., Saluda, NC. 828-848-4060. [www.theruralseed.com](http://www.theruralseed.com)

Wednesday July 5 (more Wednesday events in reoccurring list above)

**Live Music at Iron Key Brewing Co. • Columbus •** Wed, Flight Night 4-9pm, free music by the Trophy Husbands at 6pm. 135 Locust St., Columbus, NC. 828-802-1045. [www.ironkeybrewing.com](http://www.ironkeybrewing.com)

**Singo & Trivia at Green River Tavern • Columbus •** 7pm. Play Singo (song bingo) & trivia for a chance to win prizes. 155 W. Mills St., Columbus, NC. 828-802-1099. [www.greenrivertavern20.com](http://www.greenrivertavern20.com)

Thursday, July 6 (more Thursday events in reoccurring list above)

**Live Music and Karaoke at Back Alley Barn • Saluda •** 6pm. Enjoy music and pub fare. 30 E. Main St., Saluda, NC. 828-521-1169


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Events, info and hours may change • Verify details directly with venue


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Let the First Peak Visitor Center help with your plans!  
Use our website planner or give us a call • [www.firstpeaknc.com](http://www.firstpeaknc.com) • 828-894-2324  
- Sign up [in the green section](#) at the bottom of our home page to receive this as a weekly e-mail -

Thursday, July 6 cont. (more Thursday events in reoccurring list – top of page 1)



**Live Music at The Purple Onion • Saluda • 7:30pm.** Fancy and the Gentlemen. Advance tickets required – purchase online, \$8 each. 16 East Main St., Saluda, NC. 828-749-1179. [www.purpleonionsaluda.com](http://www.purpleonionsaluda.com) 

Friday, July 7 (more Friday events in reoccurring list – top of page 1)

**Saluda Tailgate Market • Saluda • 4:30-6:30pm.** Buy fresh local produce and more. W. Main St., Saluda, NC. 828-894-2281. [www.polkcountyfarms.org](http://www.polkcountyfarms.org) 

**Wine Tastings • Green Creek • 12-6pm** - times vary, four wineries open for tastings, see [www.firstpeaknc.com](http://www.firstpeaknc.com).


**Free Wine Tasting • Around the Area •** Starting at 5pm, Free wine tastings of featured wines:

- **The Tryon Bottle • Tryon • 15 S. Trade St., Tryon, NC. 828-859-6473.** [www.tryonbottle.com](http://www.tryonbottle.com) 
- **Mewdllic's • Saluda • 171 E. Main St., Saluda, NC. 828-769-9036** 


**Free Live Music • Around the Area •** Starting at 6 & 7pm.



- **Tryon Equestrian Ctr, Green River Eddy's & the Rural Seed •** See info in **reoccurring events** on Pg 1.

**Low Country Boil at Tryon Equestrian Ctr • Mill Spring • 6-8:30pm.** Enjoy a bucket of shrimp, corn, potatoes, & kielbasa. Purchase advance tickets online, \$50. See venue info on page 1.


**Bourbon & Dinner at the Saluda Inn • Saluda • 6pm.** Enjoy a 5-course meal with a paired bourbon. Reservations required, \$225. 229 Greenville St., Saluda, NC. 828-388-9027. [www.thesaludainn.com](http://www.thesaludainn.com) 

Saturday, July 8 (more Saturday events in reoccurring list – top of page 1)

**Columbus Farmer's Market • Columbus • 8am-12pm.** Buy fresh local produce, artisanal goods, baked treats, and more. Courthouse Square, Columbus, NC. 828-894-2281. [www.polkcountyfarms.org](http://www.polkcountyfarms.org) 

 **Coon Dog Day Festival in Saluda • Saluda • Free, 8am-9pm.** Parade, 5K race/fun walk, live music, dancing, arts and crafts, food, dog show, and much more. Downtown, Saluda, NC. 828-749-2581. [www.cityofsaludanc.com](http://www.cityofsaludanc.com) 

**Afternoon Tea at the Historic Green River House • Green Creek • 3pm.** Teas/coffees, sandwiches, pastries, etc. Reservations required. 6333 Coxe Rd., Rutherfordton, NC. 828-286-1461. [www.thegreenriverhouse.com](http://www.thegreenriverhouse.com) 


**Turf & Tunes at the Saluda Inn • Saluda • 3-7pm.** Live music with the Brooks Dixon Band; plus food and drinks for purchase. Reservations required, \$30. 229 Greenville St., Saluda, NC. 828-388-9027. [www.thesaludainn.com](http://www.thesaludainn.com) 

**Free Live Music • Around the Area •** Starting at 3, 6 & 7pm.


- **Mountain Brook, Parker-Binns, Green River Eddy's & the Rural Seed •** See info at top of Page 1.

**Saturday Night Lights at Tryon International Equestrian Ctr • Mill Spring • 6pm.** Free festival featuring kids' activities surrounding horse competition, pony parade, and beach party theme from 6-9pm. See info on page 1.


Sunday, July 9 (more Sunday events in reoccurring list – top of page 1)

**Spring Art Class at Mewdllic's • Saluda • 2pm.** Cathey Stoney will guide you in creating a one of a kind piece of art featuring botanicals. Reservations required, \$35. 171 E. Main St., Saluda, NC. 828-769-9036 

Monday, July 10 (more Monday events in reoccurring list – top of page 1)

**Cousins Maine Lobster Food Truck at Iron Key Brewing • Columbus • 4-8pm.** Food truck will be in the parking lot. 135 Locust St., Columbus, NC. 828-802-1045. [www.ironkeybrewing.com](http://www.ironkeybrewing.com) 

Upcoming events

**Aanika's Elephants at Tryon Fine Arts Center • Tryon • Fri, Jul 14 & Sat, Jul 15.** Enjoy a story about a young Kenyan girl and an orphaned baby elephant. Featuring puppeteers from Sesame Street. Advance tickets suggested, \$7. 34 Melrose Ave., Tryon, NC. 828-859-8322. [www.tryonarts.org](http://www.tryonarts.org) 

**Find more events on our website or give us a call • [www.firstpeaknc.com](http://www.firstpeaknc.com) • 828-894-2324**

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