



This week at the First Peak

August 2–8, 2023 (Wed-Tue)

Here's a quick look at what's happening in the area over the next week. You'll find additional events, info & attractions at www.firstpeaknc.com. Message us on Facebook or give us a call during the day at 828-894-2324.

20 E. Mills St., Columbus, NC 28722

Welcome! Explore Historic Saluda, Tryon & Columbus - shop and eat local.
Get out and enjoy our natural beauty and hiking. Relax and have fun!

Reoccurring events

Historic Tryon Movie Theatre • Tryon • It's the dog days of summer, so cool off, sit and stay! Enjoy these movies: "Best in Show" showing Wed & Sat at 7pm, and Thu at 3:30pm; "Lassie Come Home" showing Thu & Fri at 7pm, and Sun at 3:30pm. 45 S. Trade St., Tryon, NC. 828-859-6811. Tickets at www.tryontheatre.com

Live Music and Tastings at Parker-Binns Vineyard • Mill Spring • Tastings: Wed-Thu 12-6pm, Fri-Sun 12-7pm. Enjoy a bite from Relish Grill, on site Thu-Sun. **Free Music:** 3pm: Sat, Beau Beaumont; Sun, David Giles. 2275 Whiteside Rd., Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com

Live Music and Winery Tours at Mountain Brook Vineyards • Green Creek • Tastings: Mon & Thu 12-6pm, Fri-Sat 12-8pm, Sun 12-7pm. Tours by reservation. **Free Music:** 3pm: Sat, Seth and Sarah; Sun, The Jason Jones Band. Free movie: Sat, 7:30pm. 731 Phillips Dairy Rd, Tryon, NC. 828-722-1037. www.mountainbrookvineyards.com

Wine Tastings at Overmountain Vineyards • Green Creek • Tastings: Reservations required Wed-Sun: 12-6pm. Pick up a flower bouquet, \$16. 2012 Sandy Plains Rd., Tryon, NC. 828-863-0523. overmountainvineyards.com

Music at Tryon Int'l Equestrian Ctr. • Mill Spring • Free. Fri, Izzi Hughes at 5:30pm. Riders will be training Wed-Sat, 8am-5pm. 25 International Blvd., Mill Spring, NC. 828-863-1000. www.resort.tryon.com

U-Pick Sunflowers and Tastings at Looking Glass Creamery • Green Creek • Free, Thu-Sun 11am-5pm. Last chance to pick sunflowers this season. Bring a bucket/clippers. Sample/purchase cheese, ice cream and hard cider at the farm store. 115 Harmon Dairy Lane, Columbus, NC. 828-222-0751. www.lookingglasscreamery.com

Live Music at Green River Eddy's Tap Room • Saluda • Free, 7pm. Fri, Borderline Therapy; Sat, Crystal Creek Band. 435 Main St., Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Wednesday August 2 (more Wednesday events in reoccurring list above)

Live Music at Iron Key Brewing Co. • Columbus • Wed, Flight Night 4-9pm, free music at 6pm by Chris Wayne who performs vintage rock and roll. 135 Locust St., Columbus, NC. 828-802-1045. www.ironkeybrewing.com

Singo & Trivia at Green River Tavern • Columbus • 7pm. Play Singo (song bingo) & trivia for a chance to win prizes. 155 W. Mills St., Columbus, NC. 828-802-1099. www.greenrivertavern20.com

Thursday, August 3 (more Thursday events in reoccurring list above)

Wine Tastings • Green Creek • 12-6pm - times vary, four wineries open for tastings, see www.firstpeaknc.com.

Family Fun Show at Saluda Elementary School Auditorium • Saluda • Free, 2pm. Enjoy comedy magician and storyteller Dana Hill as he uses magic and comedy. 214 E. Main St., Saluda, NC. 828-722-5218. www.polklibrary.org


Trivia at Iron Key Brewing Co. • Columbus • 7pm. 135 Locust St., Columbus, NC. www.ironkeybrewing.com

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Events, info and hours may change • Verify details directly with venue

Let the First Peak Visitor Center help with your plans!
Use our website planner or give us a call • www.firstpeaknc.com • 828-894-2324
- Sign up [in the green section](#) at the bottom of our home page to receive this as a weekly e-mail -



Thursday, August 3 cont. (more Thursday events in reoccurring list – top of page 1)

Live Music at The Purple Onion • Saluda • 7:30pm. Lonesome Road Band. Advance tickets required – purchase online, \$8 each. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com 

Friday, August 4 (more Friday events in reoccurring list – top of page 1)


Saluda Tailgate Market • Saluda • 4:30-6:30pm. Buy fresh local produce and more. W. Main St., Saluda, NC. 828-894-2281. www.polkcountyfarms.org 

Free Wine Tasting • Around the Area • Starting at 5pm, Free wine tastings of featured wines:


- **The Tryon Bottle • Tryon** • 15 S. Trade St., Tryon, NC. 828-859-6473. www.tryonbottle.com 
- **Mewdlic's • Saluda** • 171 E. Main St., Saluda, NC. 828-769-9036 

Free Live Music • Around the Area • Starting at 5:30 & 7pm.


- **Tryon Equestrian Ctr & Green River Eddy's** • See info in **reoccurring events** on Pg 1.


Closing Celebration at Upstairs Artspace • Tryon • Free, 6pm. Artist DeWayne Barton will read ekphrastic poetry. View the last day of his and Nava Lubelski art exhibitions. 49 S. Trade St., Tryon, NC. www.upstairsartspace.org 

Cornhole Tournament at Iron Key Brewing Co. • Columbus • Free, 6:30pm. All skill levels. See pg. 1.


★ **Concert at McCreery Park • Saluda** • Free, 7pm. The Rich Nelson Band will be playing their original rock music. Bring a blanket/chair for this outdoor concert. Donations accepted. E. Main St., Saluda, NC. www.richnelsonband.com 

Saturday, August 5 (more Saturday events in reoccurring list – top of page 1)


Columbus Farmer's Market • Columbus • 8am-12pm. Buy fresh local produce, artisanal goods, baked treats, and more. Courthouse Street, Columbus, NC. 828-894-2281. www.polkcountyfarms.org 


Afternoon Tea at the Historic Green River House • Green Creek • 3pm. Teas/coffees, sandwiches, pastries, etc. Reservations required. 6333 Coxe Rd., Rutherfordton, NC. 828-286-1461. www.thegreenriverhouse.com 

Free Live Music • Around the Area • Starting at 3 & 7pm.

- **Parker-Binns, Mountain Brook & Green River Eddy's** • See info in **reoccurring events** on Pg. 1.
- **The Rural Seed • Columbus** • 6pm. Gene Holdway. 322 E. Mills St., Columbus, NC. 828-802-1097 

Sunday, August 6 (more Sunday events in reoccurring list – top of page 1)

Walk in the Woods at Saluda Library • Saluda • Free, 2pm. Moderate 1 mile walk with several easy water crossings. Meet in the library parking lot to carpool. 44 W. Main St., Saluda, NC. 828-749-1560. www.saludaclt.org 

“Sunday Serenade” at the Congregational Church • Tryon • Free, 3pm. Concert by The Lovebirds. Audience participation and sing-along opportunities. 210 Melrose Ave., Tryon, NC. 828-859-9414. www.ucctryon.org 


Free Live Music • Around the Area • Starting at 3pm.

- **Parker-Binns & Mountain Brook** • See info in **reoccurring events** on Pg. 1.

Monday, August 7 (more Monday events in reoccurring list – top of page 1)

Art Extravaganza at the Recreation Complex • Mill Spring • 12:30pm. Enjoy 9 creativity station for adults and children. Advance registration, \$12. 235 Wolverine Trail, Mill Spring, NC. 828-894-8199. www.polknc.gov 

Upcoming events

★ **Earl Scruggs Music Festival at Tryon International Equestrian Ctr • Mill Spring** • Fri-Sun, Sept. 1–3. Artists from around the country perform during this three-day event honoring the music legacy of N.C. native Earl Scruggs. 25 International Blvd, Mill Spring, NC. Tickets & day passes available now at www.earlscruggsmusicfest.com 

Find more events on our website or give us a call • www.firstpeaknc.com • 828-894-2324

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