



This week at the First Peak

August 23–29, 2023 (Wed-Tue)

Here's a quick look at what's happening in the area over the next week.
You'll find additional events, info & attractions at www.firstpeaknc.com.
Message us on Facebook or give us a call during the day at 828-894-2324.

20 E. Mills St., Columbus, NC 28722

Welcome! Explore Historic Saluda, Tryon & Columbus - shop and eat local.
Get out and enjoy our natural beauty and hiking. Relax and have fun!

Reoccurring events

Historic Tryon Movie Theatre • Tryon • “Barbie” is showing this week and next, Wed-Sat at 7pm and Thu & Sun at 3:30pm. 45 S. Trade St., Tryon, NC. 828-859-6811. Tickets at www.tryontheatre.com

Live Music and Tastings at Parker-Binns Vineyard • Mill Spring • Tastings: Wed-Thu 12-6pm, Fri-Sun 12-7pm. Enjoy a bite from Relish Grill, on site Thu-Sun. **Free Music:** 3pm: Sat, Phil; Sun, Moonshine State. 2275 Whiteside Rd., Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com

Winery Tours at Mountain Brook Vineyards • Green Creek • Tastings: Mon & Thu 12-6pm, Fri 12-8pm, Sun 12-7pm. Tours by reservation. **Free Music:** 3pm: Sat, Bill & Tad's Excellent Duo and Arepitas on the Go food truck. Free movie, Sat, 7:30pm. 731 Phillips Dairy Rd, Tryon, NC. 828-722-1037. www.mountainbrookvineyards.com

Wine Tastings at Overmountain Vineyards • Green Creek • Tastings: Reservations required Wed-Sun, 12-6pm. Figs available, \$6 a pint. 2012 Sandy Plains Rd., Tryon, NC. 828-863-0523. www.overmountainvineyards.com

★ **Barrel Racing at FENCE • Tryon** • Free. Thu-Sat, 9am-6pm. 3381 Hunting Country Rd., Tryon, NC. www.fence.org

Annual Yard Sale at Tryon Arts & Crafts School • Tryon • Fri 12-6pm, Sat 8am-1pm. Shop from a selection of donated items. Proceeds to benefit the school. 373 Harmon Field Rd., Tryon, NC. www.tryonartsandcrafts.org

Live Music at Green River Eddy's Tap Room • Saluda • Free, 7pm. Fri, Gilkey Cattle Co.; Sat, Faulty Plowers. Enjoy a bite from the grill, on-site. 435 Main St., Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Wednesday August 23 (more Wednesday events in reoccurring list above)

Live Music at Iron Key Brewing Co. • Columbus • Wed, Flight Night 4-9pm, free music at 6pm by Myron Hyman. 135 Locust St., Columbus, NC. 828-802-1045. www.ironkeybrewing.com

Singo & Trivia at Green River Tavern • Columbus • 7pm. Play Singo (song bingo) & trivia for a chance to win prizes. 155 W. Mills St., Columbus, NC. 828-802-1099. www.greenrivertavern20.com

Thursday, August 24 (more Thursday events in reoccurring list above)

“Art that Flows” at Lanier Library • Tryon • Free, 1pm. Steve Robbat discusses his process of creating waterscapes in outdoor areas. 72 Chestnut St., Tryon, NC. 828-859-9535. www.thelanierlibrary.org

Live Music at The Purple Onion • Saluda • 7:30pm. Asheville Junction will be playing. Advance tickets required – purchase online, \$10 each. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com

Friday, August 25 (more Friday events in reoccurring list – top of page 1)


Saluda Tailgate Market • Saluda • 4:30-6:30pm. Buy fresh local produce and more. W. Main St., Saluda, NC. 828-894-2281. www.polkcountyfarms.org


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Events, info and hours may change • Verify details directly with venue



Let the First Peak Visitor Center help with your plans!
Use our website planner or give us a call • www.firstpeaknc.com • 828-894-2324
- Sign up [in the green section](#) at the bottom of our home page to receive this as a weekly e-mail -

Friday, August 25 cont. (more Friday events in reoccurring list – top of page 1)

“Walk & Talk” at Upstairs Artspace • Tryon • Free, 4:30pm. Opening reception for Connie Bostic & Steve Mann. Light hors d’oeuvres & wine available. Please RSVP. 49 S. Trade St., Tryon, NC. 828-859-2828. www.upstairsartspace.org 


4th Friday in Tryon • Tryon • 5-7pm. Galleries offer extended hours & one-of-a-kind artwork. Visit the many shops & restaurants. Meet local author Elizabeth Kriston at The Book Shelf. Downtown, Tryon, NC. www.exploretryon.com 

Free Wine Tasting • Around the Area • Starting at 5pm, Free wine tastings of featured wines:


- **The Tryon Bottle • Tryon** • 15 S. Trade St., Tryon, NC. 828-859-6473. www.tryonbottle.com 
- **Mewdlie’s • Saluda** • 171 E. Main St., Saluda, NC. 828-769-9036 


Karaoke Night at Parker-Binns Vineyard • Mill Spring • Free, 6pm. Fun for the family. See venue info page 1.

Free Live Music • Around the Area • Starting at 5:30 & 7pm.


- **Green River Eddy’s** • See info in **reoccurring events** on Pg 1.
- **Tryon Equestrian Ctr. • Mill Spring** • 5:30pm. Izzi Hughes. 25 Int’l Blvd, Mill Spring, NC. www.tryon.com 

Cornhole Tournament at Iron Key Brewing Co. • Columbus • Free, 6:30pm. All skill levels. See pg. 1.

Saluda Train Tales at the Saluda Historic Depot • Saluda • Free, 7pm. Scott Varn will discuss the history of the Buncombe Turnpike built between 1824 and 1828. 32 W. Main St., Saluda, NC. www.saludahistoricdepot.com 

★ **Summer Tracks Concert Series at Rogers Park • Tryon** • 7pm. Abby Bryant and the Echoes will be performing. \$10 suggested donation. 55 W. Howard St., Tryon, NC. 828-749-2581. www.summertracks.com 


Saturday, August 26 (more Saturday events in reoccurring list – top of page 1)

Columbus Farmer’s Market • Columbus • 8am-12pm. Buy fresh local produce, artisanal goods, baked treats, and more. Courthouse Street, Columbus, NC. 828-894-2281. www.polkcountyfarms.org 

Wine Tastings • Green Creek • 12-6pm - times vary, four wineries open for tastings, see www.firstpeaknc.com.


Afternoon Tea at the Historic Green River House • Green Creek • 3pm. Teas/coffees, sandwiches, pastries, etc. Reservations required. 6333 Coxe Rd., Rutherfordton, NC. 828-286-1461. www.thegreenriverhouse.com 

Free Live Music • Around the Area • Starting at 3 & 7pm.

- **Parker-Binns, Mountain Brook & Green River Eddy’s** • See info in **reoccurring events** on Pg. 1.
- **The Rural Seed • Columbus** • 6pm. The Hummingtree Band. 322 E. Mills St., Columbus, NC. 828-802-1097 

Sunday, August 27 (more Sunday events in reoccurring list – top of page 1)


★ **Monthly Art Pop-Up at The Green River Brew Depot • Saluda** • 1-5pm. Family fun, face painting, food truck, live music, and local artisans of all kinds. 26 Church St., Saluda, NC. 828-769-9033 

Meet and Greet at Saluda Studios • Saluda • Free, 2-5pm. Meet & talk with featured artist Mike Wurman and view his graphite pencil & pastels work. Wine and light fare will be available. 144 US 176, Saluda, NC. 828-273-5383 

Sip and Paint at Mountain Brook Vineyards • Green Creek • 2:30pm. Paint “Daisy Days” on canvas. Advance registration, \$40. Travelin’ Dough food truck will be on site 12-5pm. See venue info on page 1.

Trivia at The SPOT • Saluda • Free, 6pm. 101 E. Main St., Saluda, NC. 828-769-9100. www.thespotsaluda.com 

Tuesday, August 29 (more Tuesday events in reoccurring list – top of page 1)

“Tales of Tryon” at Tryon Presbyterian Church • Tryon • Free, 5pm. Dean Trakas discusses part 3 of “Tryon Architecture.” 430 Harmon Field Rd., Tryon, NC. 828-440-1116. www.tryonhistorymuseum.org 

Paint N Sip at Sunny View Clubhouse • Sunny View • 6pm. Paint a donkey with a flower bonnet. Advance registration, \$35. Bring your own beverage/snack. 95 Coopers Gap Rd., Mill Spring, NC. 904-501-1704 

Find more events on our website or give us a call • www.firstpeaknc.com • 828-894-2324

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