

This week at the First Peak

July 31 – August 6, 2024 (Wed-Tue)

Here's a quick look at what's happening in the area over the next week.

You'll find additional events, info & attractions at www.firstpeaknc.com.

Message us on Facebook or give us a call during the day at 828-894-2324.

20 E. Mills St., Columbus, NC 28722

Welcome! Explore Historic Saluda, Tryon & Columbus - shop and eat local.

Get out and enjoy our natural beauty and hiking. Relax and have fun!

Reoccurring events

Historic Tryon Movie Theatre • Tryon • “Inside Out 2” shows Wed-Sat at 7pm and Thu & Sun at 2:30pm.

45 S. Trade St., Tryon, NC. 828-859-6811. Tickets at www.tryontheatre.com

Blueberry & Fig Picking & Wine Tastings at Overmountain Vineyards • Green Creek • Picking: Wed-Sat,

7am-1pm. Pick your own blueberries while they last, bucket provided, \$6/lb.; prepicked figs available, \$10/lb. **Tastings:**

Reservations recommended Wed-Thu 12-6pm, Fri-Sat 12-7pm, Sun 12-6pm. 2012 Sandy Plains Rd., Tryon, NC.

828-863-0523. www.overmountainvineyards.com

Live Music at Tryon International Equestrian Center • Mill Spring • Free, 5pm. Fri, Champagne Charlie; Sat,

Marley's Chain. 25 International Blvd., Mill Spring, NC. 828-863-1000. www.resort.tryon.com

Live Music at Green River Eddy's Tap Room • Saluda • Free music. Fri 7pm, Cross Eyed Betty; Sat 7pm,

Bruised Rhino; Sun 2pm, Seth and Sara. 435 Main St., Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Live Music and Tastings at Parker-Binns Vineyard • Mill Spring • Free Music: 3pm. Sat, Phil Ruff; Sun, David

Giles. **Tastings:** Wed-Thu 12-6pm, Fri-Sun 12-7pm. Relish Grill open Thu 12-5:30pm, Fri-Sun 12-6:30pm. 2275 Whiteside Rd.,

Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com

Live Music and Tastings at Mountain Brook Vineyards • Green Creek • Free Music: Sat 3pm- Bill & Tad's

Excellent Duo & 6pm-Fixin Two; Sun 3pm-Yesterday Band plus Cousins Maine Lobster food truck. **Tastings:** Mon, Wed &

Thu 12-6pm, Fri-Sat 12-8pm, Sun 12-7pm. 731 Phillips Dairy Rd, Tryon, NC. www.mountainbrookvineyards.com

★ **Annual Yard Sale at Tryon Arts & Crafts School • Tryon** • Fri 12-6pm & Sat 8am-1pm. Wide variety including local art, antiques, gardening/household items & more. 373 Harmon Field Rd., Tryon, NC. www.tryonartsandcrafts.org

Spartan Races at Tryon Int'l Equestrian Ctr. • Tryon • Fri 8am-7pm & Sat 7am-7pm. Watch as adults & children

compete in a variety of races and obstacle courses. 4066 Pea Ridge Rd., Mill Spring, NC. www.resort.tryon.com

Wednesday July 31 (more Wednesday events in reoccurring list above)

Free Live Music at Iron Key Brewing Co. • Columbus • Wed, Flight Night 4-9pm, free music at 6pm by Cailyn

Krantzer. 135 Locust St., Columbus, NC. 828-802-1045. www.ironkeybrewing.com

Thursday, August 1 (more Thursday events in reoccurring list above)

Family Fun Day at Isothermal Community College Polk Campus • Columbus • Free, 11am-3pm. Enjoy

games, activities, crafts, food trucks, & more. 1255 W. Mills St., Columbus, NC. 828-395-1098. www.isothermal.edu/polk

Paint and Sip at The Back-Alley Barn • Saluda • 6pm. Paint a “Rooster” on canvas with assistance from a local

artist. Advance reservation required, \$35. Text 828-863-0523 to register. 30 E. Main St., Saluda, NC.

-over-


Events, info and hours may change • Verify details directly with venue

Let the First Peak Visitor Center help with your plans!

Use our website planner or give us a call • www.firstpeaknc.com • 828-894-2324


- Sign up [in the green section](#) at the bottom of our home page to receive this as a weekly e-mail -


Thursday, August 1 cont. (more Thursday events in reoccurring list- top of page 1)

Live Music at The Purple Onion • Saluda • 7:30pm. Alma Russ performs. Advance tickets required – purchase online, \$10. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com 



Friday, August 2 (more Friday events in reoccurring list – top of page 1)


Wine/Hard Cider Tastings • Green Creek • 12-6pm - times vary, 5 venues open for tastings, see firstpeaknc.com.

Artist Reception at Saluda Library • Saluda • Free, 2pm. Local artist, Karen Johnson, shares information on the art process, with light refreshments. 44 W. Main St., Saluda, NC. 828-722-5218. www.polklibrary.org 

Saluda Tailgate Market • Saluda • 4-6pm. Buy local produce, homemade goods, and more. Saluda Elementary School, field by the tennis courts. 214 E. Main St., Saluda, NC. 828-894-2281. www.polkcountyfarms.org 


Free Wine Tasting • Around the Area • Starting at 5pm, Free wine tastings of featured wines:

- **The Tryon Bottle • Tryon** • 15 S. Trade St., Tryon, NC. 828-859-6473. www.tryonbottle.com 
- **Mewdlic's • Saluda** • 171 E. Main St., Saluda, NC. 828-769-9036 

★ **Summer Tracks Concert Series at Rogers Park • Tryon** • 7pm. \$10 donation. “Hearts Gone South” plays honky-tonk with a side of classic country. 55 W. Howard St., Tryon, NC. 828-749-2581. www.summertracks.com 


Cornhole Tournament at Iron Key Brewing Co. • Columbus • Free, 6:30pm. All skill levels. See info page 1.


Saturday, August 3 (more Saturday events in reoccurring list – top of page 1)

Columbus Farmers Market • Columbus • 8am-12pm. Buy fresh local produce, artisanal goods, baked treats, and more. 40 Courthouse Street, Columbus, NC. 828-894-2281. www.polkcountyfarms.org 


Paint and Sip at Overmountain Vineyards • Green Creek • 12:30pm. Paint a “Dragonfly” on canvas with assistance from a local artist. Advance reservation required, \$35. Text 828-863-0523 to register. See venue info on Pg. 1

Free Live Music • Around the Area • Starting at 3, 5 & 7pm.

- **Parker-Binns, Mountain Brook & Green River Eddy's** • See info in **reoccurring events** on page 1.
- **The Rural Seed • Columbus** • 6pm. Dave Desmelik. 322 E. Mills St., Columbus, NC. 828-802-1097 

Live Music at The Purple Onion • Saluda • 8pm. Lazybirds performs. Advance tickets required – purchase online, \$10. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com 

Sunday, August 4 (more Sunday events in reoccurring list – top of page 1)

Walk in the Woods at Saluda Library • Saluda • Free, 2pm. This is a moderate 1-mile walk of about 2 hours with several easy water crossings. Meet in the library parking lot to carpool. 44 W. Main St., Saluda, NC. www.saludaclt.org 

Free Live Music • Around the Area • Starting at 2 & 3pm. See page 1.


Monday, August 5 (more Monday events in reoccurring list – top of page 1)

Music Bingo at Iron Key Brewing Co. • Columbus • Free, 7pm. See venue info on page 1.

Tuesday, August 6 (more Tuesday events in reoccurring list – top of page 1)

Music Bingo at Sully's Place • Columbus • Free, 7pm. Enjoy musical bingo. 155 W. Mills St., Columbus, NC.

Upcoming events

★ **Music Festival at Foothills Equestrian Nature Center • Tryon** • Sept 28, 3-7pm. Scenic outdoor festival with music, craft fair & kid zone. Fundraiser with canned food drive. Advance tickets \$6 or \$10 at the door; kids under 12 are free. 3381 Hunting Country Rd., Tryon, NC. 828-859-6236. www.carolinafoothillschamber.com 

Find more events on our website or give us a call • www.firstpeaknc.com • 828-894-2324

Events, info and hours may change • Verify details directly with venue