

This week at the First Peak

August 7-13, 2024 (Wed-Tue)

Here's a quick look at what's happening in the area over the next week. You'll find additional events, info & attractions at www.firstpeaknc.com. Message us on Facebook or give us a call during the day at 828-894-2324.

20 E. Mills St., Columbus, NC 28722

Welcome! Explore Historic Saluda, Tryon & Columbus - shop and eat local. Get out and enjoy our natural beauty and hiking. Relax and have fun!

Reoccurring events

Historic Tryon Movie Theatre • Tryon • “Thelma” shows Wed-Sat at 7pm and Thu & Sun at 2:30pm. 45 S. Trade St., Tryon, NC. 828-859-6811. Tickets at www.tryontheatre.com

Blueberry & Fig Picking & Wine Tastings at Overmountain Vineyards • Green Creek • Picking: Wed-Sat, 7am-1pm. Pick your own blueberries while they last, bucket provided, \$6/lb.; prepicked figs available, \$7/pint. **Tastings:** Reservations recommended Wed-Thu 12-6pm, Fri-Sat 12-7pm, Sun 12-6pm. 2012 Sandy Plains Rd., Tryon, NC. 828-863-0523. www.overmountainvineyards.com

Tryon International Equestrian Ctr • Mill Spring • 25 Int'l Blvd., Mill Spring, NC. www.resort.tryon.com/events

- **Hunter/Jumper Competition** • Free. Fri-Sun 9am-5pm. Watch horse & rider display style & movement.
- ★ **Vaulting Competition** • Free. Fri-Sun 9am-4pm. Watch gymnastics on horseback in the Indoor Complex.
- **Dressage Competition** • Free. Sat-Sun 8am-5pm. Watch horse & rider performing choreographed movements.
- **Live Music** • Free, 5pm. Fri Emily Bodley; Sat Hope Griffin.

Live Music at Green River Eddy's Tap Room • Saluda • Free music. Fri 7pm, Carolina Players; Sat 7pm, Borderline Therapy; Sun 2pm, Seth Brand. 435 Main St., Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Live Music and Tastings at Parker-Binns Vineyard • Mill Spring • Free Music: 3pm. Sat, Reverie Woods; Sun, Dan Lane. **Tastings:** Wed-Thu 12-6pm, Fri-Sun 12-7pm. Relish Grill open Thu 12-5:30pm, Fri-Sun 12-6:30pm. 2275 Whiteside Rd., Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com

Live Music and Tastings at Mountain Brook Vineyards • Green Creek • Free Music: 3pm. Sat, Bryan Ashley Jones; Sun, The Jeff Edward Band. **Tastings:** Mon, Wed & Thu 12-6pm, Fri-Sat 12-8pm, Sun 12-7pm. 731 Phillips Dairy Rd, Tryon, NC. www.mountainbrookvineyards.com

Wednesday August 7 (more Wednesday events in reoccurring list above)

Free Live Music at Iron Key Brewing Co. • Columbus • Wed, Flight Night 4-9pm, free music at 6pm by Angela Easterling. 135 Locust St., Columbus, NC. 828-802-1045. www.ironkeybrewing.com

Music-Themed Bingo at The Saluda Inn • Saluda • 7pm. Meet in The Cellar and play “Places around the globe” music bingo, \$10. Beverages & small bites available for purchase. 229 Greenville St., Saluda, NC. www.thesaludainn.com

Thursday, August 8 (more Thursday events in reoccurring list above)

Live Music at The Purple Onion • Saluda • 7:30pm. Crys Matthews performs. Advance tickets required – purchase online, \$10. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com

Friday, August 9 (more Friday events in reoccurring list above)


Wine/Hard Cider Tastings • Green Creek • 12-6pm - times vary, 5 venues open for tastings, see firstpeaknc.com.

-over-



Events, info and hours may change • Verify details directly with venue


Let the First Peak Visitor Center help with your plans!
Use our website planner or give us a call • www.firstpeaknc.com • 828-894-2324
- Sign up [in the green section](#) at the bottom of our home page to receive this as a weekly e-mail -

Friday, August 9 cont. (more Friday events in reoccurring list – top of page 1)


Saluda Tailgate Market • Saluda • 4-6pm. Buy local produce, homemade goods, and more. Saluda Elementary School, field by the tennis courts. 214 E. Main St., Saluda, NC. 828-894-2281. www.polkcountyfarms.org 

Free Wine Tasting • Around the Area • Starting at 5pm, Free wine tastings of featured wines:


- **The Tryon Bottle • Tryon** • 15 S. Trade St., Tryon, NC. 828-859-6473. www.tryonbottle.com 
- **Mewdlie's • Saluda** • 171 E. Main St., Saluda, NC. 828-769-9036 


Westside Mixer at Tryon Arts and Crafts School • Tryon • Free, 6-9pm. Featuring music by Darren Nicholson Band, crafts, wood & glass demonstrations, and food trucks. 373 Harmon Field Rd., Tryon, NC. tryonartsandcrafts.org 

Cornhole Tournament at Iron Key Brewing Co. • Columbus • Free, 6:30pm. All skill levels. See info page 1.


★ **Top of the Grade Concert at McCreery Park • Saluda** • Free, 7pm. Queen Bee and the Honey Lovers will be playing swing, classic jazz and Latin music. East Main St., Saluda, NC. 828-749-2581. www.saluda.com 


Saturday, August 10 (more Saturday events in reoccurring list – top of page 1)

Columbus Farmers Market • Columbus • 8am-12pm. Buy fresh local produce, artisanal goods, baked treats, and more. 40 Courthouse Street, Columbus, NC. 828-894-2281. www.polkcountyfarms.org 

Second Saturday Art Stroll • Tryon • 11am-5pm. Downtown, Tryon, NC. www.exploretryon.com 

Free Live Music • Around the Area • Starting at 3, 5 & 7pm.

- **Parker-Binns, Mountain Brook & Green River Eddy's** • See info in **reoccurring events** on page 1.
- **The Rural Seed • Columbus** • 6pm. The Paper Crowns. 322 E. Mills St., Columbus, NC. 828-802-1097 

Downtown Saluda Art Stroll • Saluda • 4-6pm. Come stroll downtown and visit the many shops and studios. Stop by Heartwood Gallery and meet artist Jane Vorhees. Main Street, Saluda, NC. www.saluda.com 

Wine and Cheese Pairing at Mountain Brook Vineyards • Green Creek • 4pm. Winemaker David gives advice about wine and cheese pairing. Advance registration required, \$35 per person. See venue info page 1.

“After the Rain” Opening Reception at Tryon Painters and Sculptors • Tryon • Free, 5-7pm. Artist Whitney LeJeune will be the guest. 78 N. Trade St., Tryon, NC. 828-859-0141. www.tryonpaintersandsculptors.com 

Glow Night at Harmon Field • Tryon • Free, 8pm. Family fun - enjoy basketball, volleyball, glow in the dark frisbee golf, giveaways, & more. 117 Harmon Field Rd., Tryon, NC. 828-894-8199. www.firstpeaknc.com

Live Music at The Purple Onion • Saluda • 8pm. Lazybirds performs. Advance tickets required – purchase online, \$10. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com 

Sunday, August 11 (more Sunday events in reoccurring list – top of page 1)

Paint and Sip at Parker-Binns Vineyard • Mill Spring • 12pm. Paint a “Highland Cow” on canvas with assistance from a local artist. Advance reservation required, \$35. Text 828-674-8964 to register. See venue info on page 1.


Free Live Music • Around the Area • Starting at 2 & 3pm. See page 1.

Trivia at The SPOT • Saluda • Free, 6pm. Play “Decade Night” trivia for prizes. 101 E. Main St., Saluda, NC. 

Monday, August 12 (more Monday events in reoccurring list – top of page 1)

Music Bingo at Iron Key Brewing Co. • Columbus • Free, 7pm. See venue info on page 1.

Upcoming events

★ **3rd Annual Earl Scruggs Music Festival at Tryon Int'l Equestrian Ctr • Mill Spring** • Fri-Sun, Aug 30 – Sept 1. Artists from around the country will perform during this three-day event honoring the life and legacy of Earl Scruggs. Artists include: Tanya Tucker, Marty Stuart & His Fabulous Superlatives, Old Crow Medicine Show, and many more. 25 Int'l Blvd, Mill Spring, NC. Buy day or weekend tickets at the gate or at www.earlscruggsmusicfest.com 

Find more events on our website or give us a call • www.firstpeaknc.com • 828-894-2324

Events, info and hours may change • Verify details directly with venue