

20 E. Mills St., Columbus, NC 28722

## This Week at the First Peak

## July 30 - August 5, 2025 (Wed-Tue)

Here's a quick look at what's happening in the area over the next week. You'll find additional events, info & attractions at <a href="www.firstpeaknc.com">www.firstpeaknc.com</a>. Message us on Facebook or give us a call during the day at 828-894-2324.

Welcome! Our small-town main streets of Historic Saluda, Tryon & Columbus are open! Relax and have fun! Check our online events calendar for upcoming events. <a href="https://www.firstpeaknc.com/events/">www.firstpeaknc.com/events/</a>

Reoccurring events (More events listed below for each day)

**Historic Tryon Movie Theatre** • *Tryon* • "Superman" shows Wed-Sat at 7pm plus matinees on Thu & Sun at 2:30pm. 45 S. Trade St., Tryon, NC. 828-859-6811. <a href="https://www.tryontheatre.com">www.tryontheatre.com</a> f

Annual Yard Sale at Tryon Arts & Crafts School • Tryon • Fri 9am-6pm & Sat 8am-1pm. Wide variety including local art, antiques, gardening/household items & more. 373 Harmon Field Rd., Tryon, NC. www.tryonartsandcrafts.org

**Live Music at Green River Eddy's Tap Room** • *Saluda* • Free 7pm. Fri, Fairlight and the Magick; Sat, Upstate of Mind; Sun 2pm, Mutual Love Club. 435 Main St., Saluda, NC. 828-848-4060. <a href="https://www.saludaoutfitters.com">www.saludaoutfitters.com</a> **f** 

**Spartan Races at Tryon Int'l Equestrian Ctr.** • **Tryon** • Sat-Sun 7am-4pm. Watch as adults & children compete in a variety of races and obstacle courses. 4066 Pea Ridge Rd., Mill Spring, NC. <a href="https://www.resort.tryon.com">www.resort.tryon.com</a> f

**Live Music at Mountain Brook Vineyards • Green Creek • Free Music:** 3-6pm. Sat, Bill & Tad's Excellent Duo; Sun, Kayla McKinney. **Tastings:** Mon & Wed-Thu 12-6pm, Fri -Sat 12-8pm, Sun 12-7pm. 731 Phillips Dairy Rd., Tryon, NC. 828-722-1037. <a href="https://www.mountainbrookvineyards.com">www.mountainbrookvineyards.com</a>

Live Music at Parker-Binns Vineyard • Mill Spring • Free Music: 3-6pm. Sat, Beau Beaumont; Sun, Phil Ruff.

Tastings: Wed 12-5pm, Thu 12-6pm, Fri-Sun 12-7pm. Relish Grill open Thu-Sun -closes 30 minutes earlier. 2275 Whiteside Rd., Mill Spring, NC. 828-894-0154. <a href="https://www.parkerbinnsvineyard.com">www.parkerbinnsvineyard.com</a>

<u>Wednesday</u>, <u>July 30</u> (more Wednesday events in reoccurring list – above)

**Wild for Birds at Swiftwater Farms • Mill Spring •** Free 10am. Learn about birds, take a nature walk, make bird art to take home and more. Please RSVP online. 520 Katydid Ln., Mill Spring, NC. <a href="www.championsforwildlife.org">www.championsforwildlife.org</a>

**Live at Lanier at The Lanier Library •** *Tryon* • Free 1pm. Guest artists discuss creativity through images, words & insights in the presentation "Inner Chambers, Secret Rooms." 72 Chestnut St., Tryon, NC. <u>www.thelanierlibrary.org</u> f

**Mozzarella Cheese Making Class at Mountain Brook Vineyards • Green Creek •** 5:30pm. Learn to make mozzarella cheese from scratch with Chefs Ava and Alejandro. Advance tickets required, \$120. See venue info above.

**Free Live Music at Iron Key Brewing Co.** • **Columbus** • Flight Night, free music at 6pm by Raphael Graves. 135 Locust St., Columbus, NC. 828-802-1045. <a href="https://www.ironkeybrewing.com">www.ironkeybrewing.com</a> **f** 

Thursday, July 31 (more Thursday events in reoccurring list - top of page 1)

"Bluegrass & Tall Tales" Production at Columbus Library • Columbus • Free, 2pm. Bright Star Theatre brings American tall tales to life through songs. 1289 W. Mills St., Columbus, NC. 828-894-8721. <a href="https://www.polklibrary.org">www.polklibrary.org</a> f

**Live Music at The Purple Onion • Saluda •** 7:30pm. Music by Clay Ross. Advance tickets required – purchase online, \$10. 16 East Main St., Saluda, NC. 828-749-1179. <a href="https://www.purpleonionsaluda.com">www.purpleonionsaluda.com</a>

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Events, info and hours may change • Verify details directly with venue

Let the First Peak Visitor Center help with your plans!
Use our website planner or give us a call • www.firstpeaknc.com • 828-894-2324

- Sign up in the green section at the bottom of our home page to receive this as a weekly e-mail -

Friday, August 1 (more Friday events in reoccurring list - top of page 1)

"A Celebration of a Century of Service" at Good Shepherd Episcopal Church • Tryon • Free, 11am.
Samuel Waymon will headline the service featuring live music, storytelling, food, & more. 814 Markham Rd., Tryon, NC.

**Saluda Tailgate Market** • *Saluda* • 4-6pm. Buy local produce, homemade goods and more. Located at Saluda Elementary School's field by the tennis courts, 214 E. Main St., Saluda, NC. 828-894-2281. <a href="https://www.polkcountyfarms.org">www.polkcountyfarms.org</a> f

Organic Candle Making Class at Parker Binns Vineyard • Mill Spring • 5pm. Learn to make candles with a local candle maker. Advance registration, \$35. Email peaksandpetals24@gmail.com to save your spot. Venue info on Pg. 1.

**Live Music at The Fitz Lounge • Tryon •** 6pm. Free live music by The Masci Band. Creative small plates and beverages available for purchase. 69 Pacolet St., Tryon, NC. 828-513-9241. <a href="www.thefitzgeraldtryon.com">www.thefitzgeraldtryon.com</a>

Karaoke & Line Dancing at Tryon Resort • *Mill Spring* • 8pm, free line dancing lessons; 9pm-midnight, DJ Honey Bee hosts an evening of fun at the Silver Spoon Saloon. 25 Int'l Blvd., Mill Spring, NC. <a href="https://www.resort.tryon.com">www.resort.tryon.com</a>

Saturday, August 2 (more Saturday events in reoccurring list - top of page 1)

**Columbus Farmer's Market • Columbus •** 8am-12pm. Buy fresh local produce, artisanal goods, baked treats, and more. Courthouse Square, Columbus, NC. 828-894-2281. <a href="https://www.polkcountyfarms.org">www.polkcountyfarms.org</a> **f** 

**Paper Making Workshop at FENCE** • *Tryon* • 9am. Nancy Basket leads students in creating several sheets of colored paper from kudzu leaves. Advance tickets required \$40.3381 Hunting Country Rd., Tryon, NC. <a href="https://www.fence.org">www.fence.org</a> f

**Terrarium Building at Overmountain Vineyards • Green Creek •** 1pm. Lauren assists you in building a terrarium. Advance tickets, \$70. 2012 Sandy Plains Rd., Tryon, NC. 828-863-0523. <a href="https://www.overmountainvineyards.com">www.overmountainvineyards.com</a>

**Flower Festival at Moonchild Farm • Mill Spring •** 3pm. Shop from local vendors, makers and locally grown flowers. Enjoy live music, lawn games, and more. 1928 Rock Spring Rd., Mill Spring, NC. www.moonchildfarm.com f

"Sounds of Cuba" at Overmountain Vineyards • Green Creek • 6pm. Enjoy Cuban music, dancing & appetizers. Advance tickets, \$35. 2012 Sandy Plains Rd., Tryon, NC. 828-863-0523. <a href="https://www.overmountainvineyards.com">www.overmountainvineyards.com</a>

**Live Music at The Livery Pourhouse • Tryon •** Free 7pm. Enjoy the musical stylings of Craig Edwin St. John. Food and beverages available for purchase. 60 Pacolet St., Tryon, NC. 828-440-1057. <a href="https://www.liverypourhouse.com">www.liverypourhouse.com</a>

**Live Music at The Purple Onion • Saluda •** 8pm. Music by Sister Ivy. Advance tickets required – purchase online, \$10. 16 East Main St., Saluda, NC. 828-749-1179. <a href="https://www.purpleonionsaluda.com">www.purpleonionsaluda.com</a>

**Live Music at Tryon Resort** • *Mill Spring* • Free, 8pm. Steve Weams and The Caribbean Cowboys Band play a variety of music from Jimmy Buffet to Elvis at the Silver Spoon Saloon. See venue info above.

Sunday, August 3 (more Sunday events in reoccurring list - top of page 1)

**Walk in the Woods at Saluda Library • Saluda •** Free, 10am. This is an easy trail that follows a creek with a small waterfall. Meet in the library parking lot to carpool. 44 W. Main St., Saluda, NC. 828-749-1560. <a href="https://www.saludaclt.org">www.saludaclt.org</a>

**Paint n Sip at Parker-Binns Vineyard • Mill Spring •** 12pm. Paint "Puppy Love" on canvas with assistance from a local artist. Advance reservation required, \$35. Call 828-674-8964 to register. See venue info on page 1.

Free Live Music • Around the Area • Starting at 2 & 3pm.

• Green River Eddy's, Parker-Binns & Mountain Brook • See info in reoccurring events on page 1.

**Candle Making Class at Overmountain Vineyards • Green Creek • 3pm.** Aaron Simmons guides you in creating a 4 oz or 8 oz candle. Advance tickets required starting at \$35. Reserve your spot online. See venue info above

Tuesday, August 5 (more Tuesday events in reoccurring list – top of page 1)

**Trivia at The Fitz Lounge • Tryon • Free 6pm. Bring your friends and enjoy nonstop fun. See venue info above.** 

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