



This Week at the First Peak

July 29-August 4, 2026 (Wed-Tue)

Here's a quick look at what's happening in the area over the next week. You'll find additional events, info & attractions at www.firstpeaknc.com. Message us on Facebook or give us a call during the day at 828-894-2324.

20 E. Mills St., Columbus, NC 28722

Welcome! Relax and have fun around our scenic areas and small towns of Historic Saluda, Tryon & Columbus!
Check our online events calendar for more upcoming events. www.firstpeaknc.com/events/

Reoccurring events (More events listed below for each day)

Historic Tryon Movie Theatre • Tryon • “Disclosure Day” shows Wed-Sat at 7pm plus matinees on Thu & Sun at 2:30pm. All tickets \$12.00. 45 S. Trade St., Tryon, NC. 828-859-6811. www.tryontheatre.com

Tryon International • Mill Spring • 25 International Blvd., Mill Spring, NC. www.tryon.com

- **Tryon Masterpiece Horse Show** • Free. Wed-Sat @9:30am-8pm. Watch horse and rider in the Indoor Arena.
- **Entertainment at Silver Spoon Saloon:** Free. Fri 8pm **The Corey Stevenson Band**, Sat 9pm **DJ SoundExtreme**

Blueberry Picking & Wine Tastings at Overmountain Vineyards • Green Creek • Picking: Thu-Sat 7:30am-12pm. U-pick blueberries \$6/lb, baskets provided. Or buy them, \$7/lb. Tastings: Reserve a time. Closed 29th for event. Thu 12-6pm, Fri-Sat 12-7pm, Sun 12-6pm. 2012 Sandy Plains Rd., Tryon, NC. 828-863-0523. www.overmountainvineyards.com

Pearson's Falls and Glen Ticketed Admission • Saluda • Thu-Sat. 10am, 12:30pm and 3pm. After 20 months of restoration following Hurricane Helene, this beloved nature preserve has reopened with a new trail and new creek views! Purchase tickets online prior to arrival, capacity is limited, must enter gates within 30 minutes of ticket time. Please use caution choosing your driving route – much road work is needed in the area- there are one-lane roads & construction zones. 2748 Pearson Falls Rd, Saluda, NC. 828-749-3031. www.pearsonsfallsandglen.org

Live Music at Mountain Brook Vineyards • Green Creek • Free Music: 5-8pm Fri, **Tony Coccagna**; 3-6pm Music & food truck. Sat, **Bill & Tad's Excellent Duo**, Sun, **The Abbey Elmore Duo**. Tastings: Mon, Wed & Thu 12-6pm, Fri-Sun 12-8pm. 731 Phillips Dairy Rd., Tryon, NC. 828-722-1037. www.mountainbrookvineyards.com

Live Music at Green River Eddy's Tap Room • Saluda • Free Music: 7pm. Fri, **Moonlight Promises**; Sat, **Wiregrass**; Sun at 2pm, **The Paper Crowns**. 435 Main St., Saluda, NC. 828-848-4060. www.saludaoutfitters.com

Spartan Races at Tryon International • Mill Spring • Sat-Sun 7am-5pm. Watch as adults & children compete in a variety of races and obstacle courses. 25 International Blvd., Mill Spring, NC. www.tryon.com

Live Music at Parker-Binns Vineyard • Mill Spring • Free Music: 3-6pm. Sat, **Phil Ruff**; Sun, **Tim Nave**. Tastings: Wed 12-5pm, Thu 12-6pm, Fri-Sun 12-7pm. 393 Lulu Lane, Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com

Wednesday, July 29 (more Wednesday events in reoccurring list – above)

Free Live Music at Iron Key Brewing Co. • Columbus • Flight Night, free music at 6pm by **The Accentrix**. 135 Locust St., Columbus, NC. 828-802-1045. www.ironkeybrewing.com

Thursday, July 30 (more Thursday events in reoccurring list – above)

Critter Keeper Speaker Series at Saluda Elementary Auditorium • Saluda • Free, 2-3pm. Explore the world of arthropods & reptiles and meet some. 214 E. Main St., Saluda, NC. 828-894-8721. www.polklibrary.org

Trivia Night at Iron Key Brewing Co. • Columbus • 7pm 135 Locust St., Columbus, NC. Venue info above.

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Events, info and hours may change • Verify details directly with venue

Let the First Peak Visitor Center help with your plans!
Use our website planner or give us a call • www.firstpeaknc.com • 828-894-2324
- Sign up in the green section at the bottom of our home page to receive this as a weekly e-mail -

Thursday, July 30 cont. (more Thursday events in reoccurring list – top of page 1)

Live Music at The Purple Onion • Saluda • 7:30pm. Music by **Rudy's Bluegrass Revue**. Advance tickets required – purchase online, \$10. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com 

Friday, July 31 (more Friday events in reoccurring list – top of page 1)

Yoga at FENCE • Tryon • Free, 9:30-10:30am. Lead by Anna Maphis. 3381 Hunting Country Rd., Tryon, NC. 828-859-9021. www.fence.org 

Saluda Tailgate Market • Saluda • 4-6pm. 214 E. Main St., Saluda, NC. 828-894-2281. Polk County Farms on 

Fridays in July at The Saluda Inn Wine Cellar • Saluda • 5-9pm. This speakeasy-style wine cellar features small eats, full bar, curated music, and an intimate atmosphere. 229 Greenville St., Saluda, NC. 828-388-9027. www.thesaludainn.com 

Wine Tasting at The Tryon Bottle • Tryon • 5-7pm. Free tastings of featured wines. Food is available for purchase from Della Street Tacos until 8pm. 15 South Trade Street, Tryon, NC. 828-859-6473. www.tryonbottle.com 

★ **Date Night at Dreamwinds Equine Assisted Learning Center • Tryon • 7-8:30pm.** Surprise your special someone with an evening with horses. Experience ‘team building’ like you’ve never done before! Variety is the spice of life and communication is key in relationships, and that’s what Date Night is all about. \$150 per couple. 4517 Peniel Rd, Tryon, NC. 828-817-6276 www.dreamwinds.com 

Free Karaoke at Sully's Place • Columbus • 7pm. 155 W. Mills St., Columbus, NC 

Saturday, August 1 (more Saturday events in reoccurring list – top of page 1)

Columbus Farmers Market • Columbus • 8am-12pm. Buy fresh local produce, artisanal goods, baked treats, and more. Courthouse Square, Columbus, NC. 828-894-2281. Polk County Farms on 

Live Music at The Purple Onion • Saluda • 8pm. Music by **Nikki Talley**. Advance tickets required – purchase online, \$10. 16 East Main St., Saluda, NC. 828-749-1179. www.purpleonionsaluda.com 

Free Live Music at Sully's Place • Columbus • 8-11pm. Music by Fat Cat. 155 W. Mills St., Columbus, NC 

Sunday, August 2 (more Sunday events in reoccurring list – top of page 1)

Paint and Sip at Parker-Binns Vineyard • Mill Spring • 12pm. The Escaped Artist provides supplies and step by step instructions. “Gone Fishing” design. Text 828-674-8964 to sign up, \$35. 393 Lulu Lane, Mill Spring, NC. 828-894-0154. www.parkerbinnsvineyard.com 

Live music • Around the area • 3-6pm, see reoccurring events on page 1.

Guided Meditation & Soundbath at the Inner Peace Collective • Tryon • 4:30-6pm. Guided breathwork meditation and symphonic sound from crystal singing bowls. A sound bath is an audible vibrational healing journey. Bring a yoga mat & anything else to ensure your comfort. \$35, reservations required, call or text Erika, 805-633-4884. 93 New Market Rd, Tryon, NC. www.theinnerpeacecollective.com 

Tuesday, August 4 (more Tuesday events in reoccurring list – top of page 1)

Tide and Trivia at The Fitz Lounge • Tryon • 6:30pm. Bring your friends and enjoy free trivia. Seafood favorites and beverages are available for purchase. 69 Pacolet St., Tryon, NC. 828-513-9241. www.thefitzgeraldtryon.com 

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Find more events on our website or give us a call • www.firstpeaknc.com • 828-894-2324